**Flu Blitz 2017**

*Did you know?*

The flu is a highly contagious virus which is spread through tiny droplets when infected persons talk, cough, or sneeze. The best preventative measure against contracting the virus that is responsible for the flu is to get your yearly vaccination! Still unconvinced? Yearly flu vaccination is actually mandatory for all UMMC employees and students (with the exception of those who require special accommodations)! Vaccines are available at numerous locations on campus -- get yours!

The deadline to be vaccinated or provide proof of vaccination to Student Employee Health is:

**December 1, 2017**

**MS Science Festival 2017**

Saturday, September 23rd, students from the University of Mississippi School of Pharmacy and PediaRebs (Pediatric Pharmacy Advocacy Group Student Chapter) participated in the Mississippi Science Festival at the Mississippi Children’s Museum. It was a great event to educate the children of our community on the job possibilities of a pharmacist, as well as, safe medication practices. We educated the children through fun activities that taught them about compounding, counting medicine, blood pressure, reading a prescription, and reading an over the counter label. We also had a fun photo op for the future pharmacists out there with our 4ft tall prescription bottle and extra small white coats. It was a fun way to promote the profession of pharmacy to the future generations.
Hello from the Evers Society! As you all know, the Evers Society was created to strengthen medical education through the evaluation of coursework in the preclinical and clinical years of medical school. We also have the privilege of acknowledging faculty members who have shown outstanding teaching and dedication to students. We wanted to give you a chance to get to know some of these outstanding faculty members with short interviews to share a little more of their lives with you outside the classroom and hospital.

Most recently we were able to interview Dr. Alan Penman. Dr. Penman is a physician, epidemiologist, and biostatistician with research interests in exploratory data analysis & statistical graphics, ecological studies, binomial regression, analysis of date from paired organs, and biostatistics teaching. You all probably know him best as professor of Biostatistics & Epidemiology and IMP. He takes students to Uganda and Nicaragua every year and drinks more coffee than most people at UMMC. We hope you enjoy learning more about him!

Tell us a little bit about yourself. How did you end up here at UMMC?

"I am ¾ Scottish and ¼ Irish and grew up in a small village in Southwestern Scotland called Alloway. (Fun fact: famous for being the birthplace of Scotland’s national poet, Robert Burns.) I went to high school in a nearby town and medical school, directly after high school."

Scotland’s medical school programs start immediately after high school and last five years, which—as Dr. Penman pointed out—makes you have to grow up pretty quickly! He graduated medical school in Scotland at age 23 and knew by his last year that he wanted to travel and work overseas in some facet. It was exposed to poverty, malnutrition, shortness of food and water, TB; and I realized there’s not good training schemes in community medicine.” This realization stuck with him throughout the furthering of his training and directly correlates to his current job at UMMC. At the same time, another interesting
experience.” He received a Masters degree in clinical tropical medicine and, together with his wife, decided to return to Africa to be closer to her parents of a hyper-endemic area with disparities in nutrition and infectious disease specifically, he developed a further interest in public and community health. “I was exposed to poverty, malnutrition, shortness of food and water, TB; and I realized there’s not good training schemes in community medicine.” This realization stuck with him throughout the furthering of his training and directly correlates to his current job at UMMC. At the same time, another interesting specialty, Dr. Penman went back to Scotland for three years of further training in ophthalmology and worked in the medical center there for several years before wanderlust struck again. He began researching fellowship programs in ophthalmology and found a fit in Jamaica. The program focused specifically on retinopathy in sickle cell disease with MRC clinic specifically for SCD in Kingston, Jamaica. After 2-3 years in Jamaica, he decided that he wanted a break from clinical work and pursued a job as a pilot physician and worked to get his commercial flying license. This pursuit led he and his wife to Michigan where he did research and completed his private and commercial pilot’s licensure, and they started their family here in the States. He did complete his pilot’s license—for any of you M4s traveling to interviews and need a private flight—but no jobs were available for what he wanted to do at the time. Subsequently, he took a job with the CDC in Atlanta, eventually migrated over a few states to Mississippi, and worked for the State Department of Health before officially transferring to teaching here at UMMC. He has taken over the Biostatistics and Population Health courses and integrated with the newly formed IMP courses for the pre-clinical years of medical school.

What do you enjoy most about teaching?

"Broadening people’s minds I think. There’s so much knowledge out there, but medical education is still too narrow I think. It’s a national problem that 4 years of medical school is a crash course in learning facts and procedures- exam-oriented. I believe there is a space for an academic approach, even though not everyone will go into academic medicine, and I worry that doctors are becoming technicians through quick diagnosis procedures & checking the boxes, that we’re losing the broader aspects like spending time with patients, looking at the social and economic problems of why people get sick— in Jackson, in MS, and in the US in general. Those broader social and community factors are just as important as the traditional things we study. You’ve got to look beyond that, for example—why do people smoke? Most people take it up as kids because of peer pressure and environment. It’s a lot more complex than [a clear cut choice]. Social & economic factors kick in that affect people’s ability to choose, and we as people generally and physicians especially grossly overestimate people’s ability to choose. Physicians should take an interest in this and do more in advocating for changes in marketing, advertising, and policies that affect these things. Be more aware,
speak out, do what you can.”

Any advice for students?
“I think everyone should travel. I know it’s cliché, but travel really does broaden the mind. And travel for physicians and health professionals is very important. I mean working in a low income country and seeing how the other half—well actually how the majority—of the world’s population lives shows how blessed we are here. We have relative poverty, but for the most part, we have so much stuff, comfort. And you’ve got to get out of your comfort zone by just having to live in uncomfortable conditions and see how other people make do with what they have because all those things play into their health, just as ours do. The global economy is all interconnected now, and the more we spend and consume…if we buy cheap goods here, they’re made by people who pay pennies elsewhere; everything is connected with health.”

“I do understand the intensity of the studying required. It is difficult, but try to get involved in things outside as much as you can. Community health or state medical or organizations, legislative sessions, health care reform. Take an interest in these things. Get involved. Be aware.”

What do you like to do outside of work?
“Exercising; I’m happiest doing that. I bike to work quite often and swim a lot. I used to do a triathalons and marathons and did the Boston marathon in 2009. I try to fly once a year.”

What is your favorite:
-Vacation: “the best one is the next one.”
-Season: “Fall”
-Food: “Full Scottish Breakfast—I only do that a few times... a month.”
-Movie: “Local Hero”
-Sports team: “New Orleans Saints”

Interesting fact people might not know?
“I have 2 gorgeous granddaughters. One is 8 months. One is 3 years. And we go to New Orleans every few weeks to visit.”

Best experience teaching?
“The next one. You can always improve things.”

Author’s request of the infamous flight of 1955:
“It was September 1, 1995. I had been working at the health department for 2 years and had to do a preventative medicine residency back in Atlanta for 1 year. A fellow colleague at the CDC was also learning to fly, and we decided to have a day trip down to Jackson. We rented a plane and planned to fly down and back in one day. It was a hot hazy day. We came down to approximately 2000 feet over the Madison county area, and I had just spoken to the airport saying we were ten minutes or so away. Then the engine quit. Although I was shocked; I wasn’t surprised. Neither of us said anything. We both knew what to do and you just multitask. We were checking the ignition and controls, and everything seemed to be fine, so we started looking out the window for a place to land. After 20-30 seconds of this, we had to tilt the plane to land, and I realized we were over the Annandale Golf Course, so we started circling and had to come down steep. We were at about 1500 feet and realized there were people on the fairway and that we couldn’t land safely, so we starting looking elsewhere to land. There was a house with a fairly large backyard. It was ok. I did a decent job. We landed on the grass, fairly level; wings were clipping trees and bushes. We landed about 20 feet from a woman’s back door, but she was very nice about it. She gave us a cup of tea.”

-Meghan Henry, M4

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ASB Blood Drive

Friday, November 10
10 a.m. - 4 p.m.
Student Union Gym

One lucky donor will win free parking 11/13 -12/8!

Donors will receive a T-shirt. Please bring ID.

MBS suggests that all donors eat at least four hours within giving blood and drink plenty of fluids prior to and after making a donation.

(888) 90-BLOOD / mbsblood.com

Donors can now check their overall cholesterol on their MBSConnect Account. Also follow us on Facebook at www.facebook.com/mbslive
(Please note: T-shirt design is subject to change.)

Now you can download the free MBS App!
Hello, y'all,

I would like to welcome all of the new students to UMMC and to welcome back all of the other friendly faces. We in the Graduate School just want to fill everyone in on what has been happening this summer.

**Master’s Representative Election**

*Event | New Grad Students | September 1, 2017*

The Biomedical Sciences Students elected a fellow classmate to represent them in GSB Officer meetings. The Force is strong with him and his Council.

**Hurricane Relief Drive**

*Service | Grad Students | September 1-8, 2017*

The Graduate Student Body sponsored a campus-wide relief drive to collect supplies for people affected by Hurricane Harvey. Over 1,200 items collected!

**A Month Filled with Service**

Hello, everyone,

Fall has arrived, and so have more Student Activities. We in the Graduate School have mostly fallen into service during the month of September.

Cheers,
Edgar R. Meyer
GSB President

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**The Graduate School Shows Representation at the MS Healthy Teens Rally 2017**

Biomedical Sciences Students commit to becoming Community Health Advocates

Master’s Council members pictured left to right:

Jessie Graham, Chandler Oldenburg, Hunter Aultman (Master’s Representative), Becca Duché

“One of the coolest parts of my position is getting to interact with so many future healthcare professionals in my class. We are a diverse group and I have been a great experience getting to know and work with them to achieve our goals.”

– Hunter Aultman

Much appreciation is extended to Bhuvana Gurumurthy for organizing this event.

Several graduate students including Laura Crafts, Sean Kang, and myself, along with medical and nursing students, attended the MS Healthy Teens Rally sponsored by Families First for Mississippi on September 7, 2017.

**Service | Grad Students | September 18-29, 2017**

The Graduate Students participated in an Associated Student Body-sponsored philanthropy drive to benefit local veterans. Over 1,000 items were collected campus wide—300 of which were from the Graduate School!

**Service | Grad Students | September 30, 2017**

The Graduate Students participated in the ALS Walk as members of the ALStars Team with the Grad School’s very own Dr. Raymond Grill as their captain. The ALS Walk was adopted as a GSB philanthropy and advertised campus wide. This walk was sponsored by the Mississippi-Louisiana chapter of Walk to Defeat ALS, a program sponsored by the ALS Association. The ALStars Team raised over $15,000 in donations!

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A huge thank you goes to fourth-year medical student Johnny McKenzie who brought the need for veteran support to my attention. The items of this Drive will be provided to Voice of Cavalry Ministries which is a local organization that works with low to moderate-income families of veterans to help them break the cycle of poverty and to help rebuild inner-city communities. This organization, having joined forces with Soldier On, provides peer support, counseling, financial support, training, education, employment services, and other supportive services to veterans and their families.

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**FOLLOW US | LIKE US**

UMC Graduate Student Body

@GradSchoolUMMC

#umccgibs

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**CONTACT US**

drgrill@umc.edu  |  achollis@umc.edu

vwolf@umc.edu  |  bgurumurthy@umc.edu

jhaultman@umc.edu

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To the left: The ALStars Team poses before the Walk; Above: Dr. Grill holds the team trophy for the most money raised.
Come Join ASB in supporting Sanderson Farms to benefit

Blair E. Batson Children’s Hospital

Show your support by volunteering at the Golf Tournament

Additional “ShotLink” volunteers needed

Contact  
ASB Philanthropy Co-Chairs to record points

Edgar Meyer  
emeyer@umc.edu

Emily K. Theriot  
etheriot@umc.edu

UMMC will be sponsoring hole #16

The “ShotLink” volunteers will provide the players and TV commentators with information about distance of the drive, distance to the green, and length of the putt.

Volunteers will receive a hat, shirt, and jacket. Use the code: UMMC2017. You can register directly using the url below or via the Tournament Website.

http://events.trustevent.com/index.cfm?eid=2581

When you register, specify that you wish to volunteer on hole #16 as a ShotLink Operator. Contact Dr. Greg Chinchar at ychinchar@umc.edu for additional questions.

To Lead or to Be Led:  
The Blending of Hospital Administration & Religious Life

Presented by Sr. Dorothea Sondgeroth

Tuesday,  
October 10, 2017  
12:00 p.m.  
R153  
The Research Wing

* Lunch will be provided to the first 50 attendees.
Jewishness & Healthcare: Beyond the Bagel
Presented by Dr. James Bowley

Focusing on the oldest of the Abrahamic traditions in faith, this lecture aims to take a closer look at Judaism—its basic principles and tenets and how it relates to healthcare. This lecture will be the second in a series of four lectures featuring the Abrahamic traditions.

Friday,
October 13, 2017
12:00 p.m.
R153
The Research Wing

*Lunch will be provided to the first 50 attendees.

Sponsored by the
UMMC Center for Bioethics and Medical Humanities
UMMC Office of Diversity and Inclusion
UMMC Faith Forum

Mississippi State Medical Association Annual Session

Hilton Jackson – August 2017

This year’s MSMA Annual Session and House of Delegates was held at the Hilton Jackson. There was a time for networking with physicians, informative meetings, updates from the medical board of licensure, reference committees, President Inaugural Gala, voting for new candidates, speaker’s challenge, and more. It was truly an event to remember. This year, UMMC had 25 student delegates which has been the first time we have filled all spots with a mixture of the M2 and M3 classes. There were even incoming M1s who attended the event to get an idea of what MSMA is all about. We had 3 of our very own officers get elected into various committees as well during House of Delegates. Our President, Avani Patel, was elected into Board of Trustees. Our Vice President, Mary Elizabeth Butts, was elected into Council on Legislation. Our Community Outreach Chair, Kandice Bailey, was elected into Council on Medical Service. Overall, if you’re not a member of AMA or MSMA, I highly recommend getting involved. My experience in Chicago and involvement on a local level has really allowed me to grow as a future physician.

Some events coming up on behalf of our chapter that all MSMA members are invited to:

- **OCTOBER:**
  - Tuesday, October 3 at 12 PM in CW 308: Dr. Know by Conner Reeves and Sid Scott of MSMA
  - Wednesday, October 11 at the Manship’s Rick House at 6:30 PM: Central Medical Society Physician/Student Mixer (Must RSVP – email me or our President at akpatel@umc.edu)

- **NOVEMBER:**
  - Interim: November 9 - 11 in Honolulu, Hawaii
  These are the representatives on behalf of UMMC and MSMA who will be attending this year: Avni Patel (Region Membership Chair & Chapter President), Logan Ramsey (Region Vice Chair), William Ross (Region Alternate Delegate & Chapter Delegate)

- **DECEMBER:**
  - Friday, December 1: Central Medical Society Christmas Reception at The South

- Drew Desrosiers

Insight from a convert to Judaism

Dr. James Bowley, Ph.D.
Professor of Religious Studies
Chair of the Religious Studies Department
Millsaps College
Jackson, MS 39210
The Associate Vice Chancellor for Academic Affairs and the Office of Community Engagement and Service Learning will recognize the University of Mississippi Medical Center School of Nursing for their tremendous achievements in community-engaged service on Thursday, September 28, 2017, 2:00 p.m. UMMC School of Nursing Lobby

The School of Nursing faculty, staff and students have contributed greater than forty-two thousand hours of service valued at more than one million dollars of in-kind service.

A cake and punch reception will follow the brief award presentation. Please join us if you are able.

Right Next Door to UMMC— in the heart of fondren—

CALL FOR NOMINATIONS

THE 2018 PILLARS
RECOGNITION OF SERVICE & INCLUSIVE EXCELLENCE

AWARD CATEGORIES

STUDENT/TRAINEE - EXCELLENCE AWARD
EMPLOYEE - INCLUSION AWARD
FACULTY - BEACON AWARD
ALUMNI - LIFETIME ACHIEVEMENT AWARD

Contact the Office of Diversity and Inclusion for information about awards criteria and nominations process.

www.uml.edu/thedepartment (601) 815-7857

A celebration event honoring the nominees and recipients will be held Sunday, January 14, 2018 • 2:00 - 5:00 pm
Two Mississippi Museums: Museum of Mississippi History • Mississippi of Civil Rights Museum
Go to www.uml.edu/thedepartment for more information.
Fall into Healthy Habits

It’s October. The back-to-school rush is over. There are hints of cooler weather in the air.
The adrenaline and excitement from the beginning of a new academic year has worn off, and it’s time to
start being intentional about self-care.
Coincidentally, October 10th is World Mental Health Day.
In honor of World Mental Health Day, I want to make you aware of some of the resources you have here at
UMMC and off-campus for enhancing your self-care and intentionally investing in your mental health.

Resources at UMMC:
1. For a Trained Listening Ear: The Student Counseling and Wellness Center
   • Staff psychologist and psychiatrist
   • 8th floor of old hospital building
   • (601) 815-1136
   • https://www.umc.edu/scwc/

2. For Recreation: The Student Union
   • Weight Room
   • Basketball Gym
   • Game Room

3. For Fresh Air: The Campus
   • Take a break to walk or sit outside and enjoy the cooler weather
   • Soak up some sun outside the union or outside the new medical school

Resources Off-Campus:
1. For Counseling/Advice: The Student Assistance Program (LifeSynch)
   • Off-campus
   • Licensed professional counselors available 24/7
   • (866) 219-1232
   • https://www.umc.edu/LifeSynch/

2. For Outdoor Adventures: The Natchez Trace
   • FREE outdoor adventures and trails along the Trace
   • https://www.traillink.com/trail/ridgeland-natchez-trace-multi-use-trail/

3. For Fresh Air and Water: The Barnett Reservoir
   • http://www.therez.ms.gov/Pages/Parks-Recreation.aspx
   • Waterfront sunbathing
   • Boating
   • Hammocking
   • Picnicking

So, whatever method you choose. Invest in yourself this month! Do something fun to refresh your focus and
nourish your mind and body.

Happy Fall Y’All!
Sarah Brannan
Mental Health Co-chair for ASB Wellness

You are What You Eat So Start Moving those Feet!

As you start your journey to better self-care this month, consider adding a few lifestyle changes to your
stress management routine. Physical activity and eating a balanced diet are part of an integrative approach
to mental wellness. Even the smallest changes can have a huge impact!

In addition to the mental health resources, I would like to add to that by making you aware of even more
wellness opportunities available to you during the month of October.

1. Get fit and have fun on campus!
   • Oct 9th, 5:10 – 6:00 pm: REFIT exercise class (student union classrooms) FREE!!!
   • Oct 16th, 5:10 – 6:00 pm: ZUMBA (student union classrooms) FREE!!!
   • Enjoy the soon-to-be cooler weather by giving up your seat on the shuttle! You can easily add an extra
     mile worth of steps to your day which could add up to an extra 100 calories burned! (That’s approximately
     one Reese’s butter cup). FREE!!!

2. October 19th, 6:00 pm: Brawn and Bubbles (The Mind Center 5K), (Reservoir Pointe)

3. No time to grocery shop? UMMC has you covered.
   • October 17th, 11:00 am – 3:00 pm: Fall Farmers Market (clinical sciences walkway)

4. We will be kicking off the ASB Wellness Challenge (previously known as the ASB Fitness Challenge) dur-
   ing the month of October! Look out for an email with further details!
   Keep in mind, wellness isn’t something we achieve in one day or one visit to the gym. It takes time, effort,
support, and a commitment to recognizing your needs in mind, body, and spirit. Take it one day at a time
and keep going!

Elena Dent, MS, RD, LD, CDE
ASB Wellness Co-chair
edent2@umc.edu

A hobby can be a great way to get on the path to wellness. Sallie Lin, M1, enjoys drawing in her free time

Anthony Carter, M2, giving Elana Dent, G3, pro tips for a better swim

A picturesque sunset over The Rez

A hobby can be a great way to get on the path to wellness. Sallie Lin, M1, enjoys drawing in her free time
Silent witnesses to history at UMMC visit every classroom, every day

Before the very first students ever arrived at the state’s new four-year medical school on July 1, 1955, they had been silently making preparations. Before Dr. James Hardy’s history-making transplants flashed as headlines around the world, they quietly prepared the OR in the still of the night. Before a young Dr. Arthur Guyton was able to oversee the move of the physiology department from Oxford to the brand new Medical Center in Jackson, they worked every hall and inspected every classroom.

They are UMMC’s silent witnesses to history – UMMC’s Environmental Services Staff, better known back then as “housekeeping.”

“This team of women and men are no less responsible for the accomplishments and on-going success of UMMC through the years as the more familiar names of Hardy and Guyton”, said second year nursing student and ASB president William Thomas. “In nursing, we are trained to value all aspects of the healthcare team. These professionals may often be out of sight, but they should never be forgotten.”

Thomas proposed a recognition breakfast for all UMMC Environmental Services personnel served by members of the student body in conjunction with National Custodial Workers’ Recognition Day on October 2, 2017.

“I consider this opportunity to serve those who have served us a wonderful privilege and honor,” says Edgar Meyer, third-year Graduate student. “I am thankful for the fact that this event has allowed me to express my most sincere gratitude and love for these beautiful people.”

They (Environmental Services Staff) are the unsung heroes who ensure everyone’s first impression of the Medical Center is a positive one. Indeed, from boardroom to bathroom, students, faculty and staff count upon this dedicated team of professionals daily. Monday Ohwofisa, Associate Director of Environmental Services, explains it this way: “Healing starts with cleaning. We do the cleaning. You (students, faculty and staff) do the healing, and it all comes together.”

In their familiar gray uniform shirts and dresses, they are really the first line of defense when it comes to maintaining the cleanliness and immaculate appearance of Medical Center facilities. Associate Director for Environmental Services Kenneth Sullivan said, “Everyone at UMMC has an important role to play, and occasionally it’s good to hear someone say, ‘Thank you!’ This recognition of our team’s contribution by William Thomas and the ASB officers sets a great example of real servant leadership.}

Mr. Ivory Bogan, Executive Director of Facilities Management, was highly supportive of the morning breakfast recognition program which brought Medical Center Environmental Services Staff from all across campus together in the Student Union.
Grad School T-Shirt Sales

Buy them in two colors!

Visit the jcgapparel website at jcgapparel.com to order.
Select the “JCG STORE” icon to view the two T-Shirt designs for the School of Graduate Studies in the Health Sciences.
The deadline to purchase T-Shirts has been extended to Friday, October 27, at 10:00 p.m.

Blue: Long sleeve - $20.00
Grey: Short sleeve - $17.00

Proceeds from other schools will be donated to Blair E. Batson Children’s Hospital.

Feel free to contact GSB Vice President Angela Hollis at aaholis@umc.edu for more information.

Making Strides Against Breast Cancer Walk

Saturday, October 28, 2017
Starts @ 9:00 a.m.
Thalia Mara Hall,
255 E. Pascagoula St.,
Jackson, MS

This event is sponsored by the American Cancer Society to raise awareness and funds to save lives from breast cancer.
Please show your support by joining the UMMC Cancer Institute Breast Services team.
To join the team, please:
1) visit the main.acsevents.org/ website,
2) select the event name “Making Strides Against Breast Cancer,”
3) search for the team name “UMMC Cancer Institute Breast Services,”
4) select the team name, and
5) select the Join Our Team icon.

JOIN OUR TEAM

The Graduate Student Body has adopted this event as a school-wide philanthropy, and all campus students are invited to join the UMMC Cancer Institute Breast Services team.
Please contact Bhuvana Gurumurthy, GSB Philanthropy Coordinator, at bgurumurthy@umc.edu for more information.
Happy Hour

M-F 3-6 PM: 1/2 Price Pizzas | $2 Off all Craft and Import Beers | 25% Off Large Format Bombers | $5 Glasses of House Wine | $5 Single Barrel Pick Whiskey

M-S 4-6 PM: $5 cocktails, craft beer, wine, small plates | $5 small plates (pork sliders, hot brown fries, salmon crostini) | $5-8 cocktails | $5 well drinks | $3 bottled beer

T-S 5-7 PM: $6 featured cocktails and wine | Whiskey Wednesday $6 whiskey cocktails

M-F 4-6 PM: adult slushies $5.5 | $5 | house cocktails $2 off | snacks $5-10

M-F 4-7 PM: $1 off draft beer | $5 select wine | $5 punch | 4-6 PM: $1 select oysters

Daily 4:30-7 PM: 1/2 price Maki & Nigiri rolls | $2 off house wine, beer, signature martinis

Rundown

iron horse
M-F 3-6 PM: $4 well drinks | $4 margaritas | discounts on select appetizers

library bar
M-F 4-6 PM: $2 off all Author drinks and wine | $5 well drinks | $1 off all beers

sal and mookie’s
T-F 11-6 PM: 25% off all beer, liquor and wine

pig and pint
M-F 3-6 PM, S 11-6 PM: $1 off beer

fondren public
M-F 4-7 PM: $1 off beer, wine and liquor

fondren froyo
M-F 5-6 PM: 25% off all froyo

deep south pops
Daily 3-7 PM: 2 pops for $5 | $1 off beer
When they’re not studying, the M2 class is exceptionally giving of their time and resources to the Jackson community. In September, the class of 2020 raised over $300 as a whole to sponsor a Stewpot Community Kitchen Service Day. As a part of this opportunity, a team of students ordered and picked up the food to be served, while another team gave up their Saturday afternoon to serve the food. The M2 Class provided chicken, green beans, rolls, fruit punch, and cookies for the Community Kitchen. Over 100 Jacksonians were served a hot meal, and another 50 received a meal via their Meals on Wheels program for area shut-ins. Once everyone was served, the students mingled around and enjoyed getting to know the community better. Graham Husband, M2, reflecting on the experience said, “It was really great getting to talk to everyone, and hearing different peoples’ stories. Seeing how much people in Jackson come together to help serve was a really great experience.” Jordan Rimes, M2, affirmed the experience saying that “getting out of the classroom and away from the books, seeing my classmates’ drive to help people in a tangible way truly makes me excited to one day be fellow physicians with them”. The next upcoming class service project will be a Habitat for Humanity work day in October, their fourth build this year.

-Mindy Talley

From left to right: Preston Bell, Sara Kiparizoska, Graham Husband, Laura Kebert, Mindy Talley, Augustin Casals, Amber James, Jordan Rimes, Tony Tang

Sara Kiparizoska finishes a Meals on Wheels plate while Graham Husband replenishes the supply of rolls.

Augustin Casals reaches to finish the last of the Meals on Wheels boxes.

Students working quickly to prepare plates for the Community Kitchen

The Community was very appreciative of the students’ effort to make sure no one’s fruit punch supply ran low.
After having a stroke, Karlos Taylor wasn’t sure if he would ever be able to teach again. He was having difficulty speaking, and his right hand was weak, both tools he needed as a graphic design instructor at Mississippi College.

Between inpatient and outpatient therapy at Methodist Rehabilitation Center, Taylor regained his gift of gab and his artistic touch.

“I feel like my therapists would have done anything to help me reach my goals,” Taylor said.

He’s now back at MC leading the college’s graduate-level graphic design program.

“God chose to keep me here,” Taylor said. “I think He still has things He wants me to accomplish.”