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Introducing International Community
“Hidden Gifts”
Now I Can...

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email mwester@umc.edu to be entered in the drawing for a gift card!
ATTENTION:
VOLUNTEERS NEEDED

CAMP RAINBOW 2017

We are currently seeking volunteers for Mississippi’s largest children’s cancer camp! Camp Rainbow is a camp for children ages 6-17 who are cancer fighters or survivors.

We have children that come from all over Mississippi for a week off to enjoy just being a kid! It’s a week full of archery, arts and crafts, rock wall climbing, swimming, lake activities, dancing, and more.

Is this something you would enjoy being a part of? Come and experience the joy and the difference you can make in a child’s life!

“\textbf{There are so many words that come to mind when I think of the campers: strong, fearless, beautiful, kind, unique, and getting to fellowship with them for a few days means everything. They inspire me every summer and have taught me to stop and enjoy the little things in life that I often forget to appreciate.}” - Kimberly Kettleman #CampRainbowMS

Contact Megan Berry for application
mews13810@gmail.com

Must be 18 years or older to volunteer

CAMP RAINBOW
502 Sandhill Township Rd
Ellisville, MS 39437
601-720-2896
www.facebook.com/camprainbowms
May 24-27th
BOOKS FOR SALE

BRS Biochemistry and Molecular Biology by Todd A. Swanson and Sandra I. Kim (4th ed.) $5
PreTest Biochemistry (9th ed.) $5
Gray's Anatomy for Students by Richard Drake and A. Wayne Vogl (2nd Ed.) $10
Gray's Atlas of Anatomy by Richard L. Drake (1st ed.) $10
Rapid Review Gross and Developmental Anatomy by N. Anthony Moore and William A. Roy (2nd ed) $5
Guyton and Hall Physiology Review (2nd Ed.) $5
Histology: A text and Atlas by Michael H. Ross (6th Ed.) $10
BRS Cell Biology and Histology by Leslie P. Gartner and James L. Hiatt (3rd ed.) $5
PreTest Histology and Cell Biology (2nd ed.) $5
Fundamental Neuroscience for basic and clinical application by Duane E. Haines (4th Ed.) $30
Neuroanatomy: An Atlas of structures, sections, and systems by Duane E. Haines (8th ed.) $30
Clinical Microbiology made ridiculously simple by Mark Gladwin, M.D. and Bill Trattler, M.D. (4th ed.) $10
Rubin's Pathology flash cards (175 illustrated flash cards) $10
PreTest Pediatrics (9th ed.) $5
PreTest Surgery (10th ed.) $5
PreTest Psychiatry (12th ed.): $5
First Aid for the Basic Sciences (Organ systems Review) by Tao Le and Kendall Krause $20
First Aid Q&A for the USMLE STEP 1 by Tao Le and Seth K. Bechis (2nd ed.) $10
First Aid for the USMLE STEP 2 CK by Tao Le, Vikas Bhushan, and Nathan Skelley (8th ed.) [2 copies] $20 each
First Aid for the USMLE STEP 2 CS By Tao Le, and Mae Sheikh-Ali (5th ed.) $20
USMLE Step 2 Secrets by Theodore X. O-Connell, M.D. (4th ed.) $10

Some books have minor writing and highlighting
Contact: kmalhotra@umc.edu

SNMA EVENTS

On February 10, 2017, Dr. Scott Stringer of Otolaryngology talked to students about opportunities available to students of underrepresented communities. The American Academy of Otolaryngology is very dedicated to bridging this historic gap in medical specialties.

The UMMC Chapter of SNMA's last meeting of the 2016-2017 year will be March 8, 2017, 1-2 pm in CW 107 with the Medical Assurance Company of Mississippi (MACM) Underwriting Department, MACM Claims Department.

This history behind the MACM is fascinating. In 1976, this organization formed as a result of a medical malpractice crisis that existed in Mississippi, in which many physicians could not afford insurance. We invite our fellow UMMC students to learn more!
On February 7, 2017, students from the School of Medicine attended the Mississippi State Medical Association (MSMA) Central Medical Society Meeting at the River Hills Club in Jackson, MS. The guest speaker of the night was Tate Reeves, the current Lieutenant Governor of Mississippi. In addition to listening to and having the opportunity to ask questions to the lieutenant governor, students were able to meet over dinner with physicians from the greater Jackson area and surrounding counties. The meeting was primarily focused on current patient and physician advocacy issues. Immunization laws, Medicaid expansion, and other funding of healthcare services in Mississippi were some of the key issues that were addressed at the meeting.

Founded in 1856, the MSMA is the largest physician advocacy association in Mississippi and represents approximately 5,000 physicians and medical students in the state. Its Central Medical Society includes members from Hinds, Leake, Madison, Rankin, Scott, and Simpson counties and composes the largest constituent society of the MSMA.

Lt. Governor Tate Reeves
The MS Society of Anesthesia (MSA) held their annual conference on February 25 at the Hilton Jackson. This year, medical students were invited to attend the conference. The conference consisted of a resident poster session, various meetings/updates, and round table discussions. Overall, the medical students found it to be a great opportunity to meet the members of MSA, which proved to be a perfect opportunity to network with residents and practicing anesthesiologists in Mississippi.

Additionally, medical students were invited to a social event the evening before at Walker’s to have dinner and network with practicing physicians and meet past President, Dr. John Bethea.
Pediatric Interest Group + American Academy of Pediatrics Capitol Day

The MS Chapter of the American Academy of Pediatrics (AAP) & Pediatric Interest Group holds a Capitol Day each other on January 31st. This year, medical students, residents, and physicians spent a day at the Capitol lobbying for our strong vaccination laws in the state of Mississippi. Overall, the medical students found it to be a great opportunity to advocate for the health of our children.

Class of 2020

Dr. Tami Brooks (Pediatrician), Avani Patel (M2), Dr. Shawn Batlivala (Pediatric Interventional Cardiologist)

Class of 2019
As the days begin to get warmer and we start worrying about our “beach body” more, please consider joining a workout class or running in a local 5k. We would love to hear about where you workout and what classes you enjoy. Any reviews or advice can be sent to jkelley@umc.edu and will be added to the April 2017 edition of the Murmur.

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<td>Join a class, run a 5k, start doing yoga! There are opportunities all over the Jackson area!</td>
<td>1 Salsa Mississippi Studio 11A Hatha Yoga 5:30P Zumba 7:00P Beginner Salsa 8:00P Salsa and footwork</td>
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<td>Greenwood, MS 6th Annual Viking Half Marathon &amp; 5K <a href="http://www.mstrackclub.com">www.mstrackclub.com</a></td>
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Graduate School Updates

The graduate school would like to express a very sincere thank you to all those who donated in our recent “Helping Our Heroes” school cup philanthropy drive that collected items for our local Jackson VA patients.

The graduate school had bowling night social at Fannin Lanes in Flowood on Tuesday, February 21st.
JFC INVITATIONAL

Join us at the Third annual Jackson Free Clinic invitational!

On April 1st, 2017, the Jackson Free Clinic will be hosting the JFC Invitational golf tournament at Whisper Lake Country Club. It was a day of fun, fellowship, and spirited competition last year and we hope it can be just as successful in 2017! We will have lunches and drinks on the course, as well as goodie bags and snacks for each player. Players will also have the chance to win great prizes such as clothes and gift cards in our raffle, prizes for “Longest Drive” and “Closest To The Hole” competitions, hole-in-one prizes, and of course, a shot at winning the coveted JFC Invitational trophies! We are so grateful for the support we receive from our fellow students each Saturday to help run the Jackson Free Clinic. We hope that this can be a fun, relaxing way to take a break from school and have fun while raising money for the JFC!
Date: April 1, 2017

Location: Whisper Lake Country Club
414 Annandale Parkway
Madison, MS 39110

Time: 1:00 p.m. Shotgun start

Lunch: 11:30 a.m. – 1:00 p.m.

Format: Four-man scramble

Cost: $60 per student; $65 for single non-student player; $240 per team
(Includes lunch and snacks, round of golf, drinks on the course, goodie bags, entry into raffles)

Sponsorships:
$150 – Hole Sponsor (includes hole sponsor sign)

$250 – Event Sponsor (includes hole sponsor sign and registration for 2 players)

$500 – Large Event Sponsor (includes hole sponsor sign, large event sponsor sign, and registration for a team of 4 players)

Registration:
www.jfcinvitational.org

Jackson Free Clinic www.jfcinvitational.org
Cilantro Lime Quinoa

Rebecca Turner, RD

**prep time** 5 minutes  
**cook time** 5 minutes  
**serves** 4-6

Things you need:

3 cups Cooked quinoa  
1 15 oz can Black beans, rinsed  
1/2 cup Fresh cilantro, chopped  
1 lime Juiced and zested  
2 teaspoons Chili seasoning  
1 teaspoon salt

Recipe taken from:  
**the “Cook Right, Live Well” cook book**

courtesy of Dr. Josie Bidwell
Thursday’s Catholic MASS

Come Celebrate & Experience the Eucharist!

The Catholic Students Association will now be sponsoring weekly Masses at noon on Thursday’s in the UMMC Chapel. Father John Bohn, the pastor at St. Richard Catholic Church, will serve as the celebrant on most Thursday’s in addition to Father Joseph Le, the associate pastor at St. Jude Catholic Church, who will also offer Mass on certain Thursday’s when Father John may be unavailable.

All are welcome!
Introducing international community at UMMC

In light of recent changes that occurred in the States in a response to Presidential Executive Order I would like to present to you a part of the University of Mississippi Medical Center that you probably didn't even know existed. Within the Department of Human Resources at UMMC exists the Office of International Services with Julieta Mendez as its director and Karla Velez as associate HR service partner. Few of you might have met them, yet even you aren't quite sure what they do. Today's UMMC, as many of you are aware, is a diverse community that among others includes international students, staff and faculty. Basically, Julieta and Karla are here to help our international community within UMMC go through a maze of administrative paperwork and often cultural adjustments, but also to help all UMMC departments on immigration regulations. They are brain, heart and soul of the Office of International Affairs.

Julieta is 2017 Chair for Women's Foundation of Mississippi and has previously served as Program Director of the Immigration Clinic at Catholic Charities of Jackson, as Advisory Board Member of The Center for Violence Prevention in 2012 and 2013. Karla is President of Mississippi Hispanic Association and Treasurer of the Mississippi Association of International Educators/Study MS Board (2016-2018). Both women are active within Mississippi community, busy with their families, yet they find time to make sure all newcomers are welcomed and not stressing over paperwork, at least not more than is normal.

UMMC community today includes 220 students, staff and faculty with various forms of visa status, from F1 student’s visa, H1B, J1 and all the way to permanent residents. Yet, international community within UMMC is bigger than that. Many of former visa holders are now US citizens living in Mississippi and calling it a home, I guess it’s that Southern hospitality that gets to them after all. This extensive community is brought and held together by International Services. Julieta and Karla are the ones making sure all of the paperwork is up to date. They are the ones keeping up with all the changes in regulations and requirements. They are the ones helping incoming students and postdocs find accommodations. Furthermore, they are the ones that organize “Out for Lunch” days for exploring local restaurants, and every Friday they organize “Coffee Hour” where we can relax, find out what’s happening in Jackson area that weekend, and even get information on Wealth Management. Just in case, you know…

You might not have been aware of how diverse our UMMC family actually is and I hope I gave you a glimpse of this. If you wish to explore our international community further you can always contact the Office of International Services at 601-984-1125 or visit the office’s website at www.umc.edu/international. Julieta and Karla do such an amazing job and they are always happy to help. Personally, I am very proud of them.

Marija Kuna
Graduate Student
Recently, a close friend shared with me an article from the Catholic News Agency which referenced a message delivered by Pope Francis on October 18, 2016, in which he alluded to the season of Lent which is now upon us, having begun on Ash Wednesday, March 1, 2017. While I wanted to try to glean from the message itself the most important topics and ideas, I honestly could not deem any particular content more important than the rest, so I decided to include the entire message in this article as my words are nowhere near as moving or appropriate as those of the religious leader of the Catholic Church. However, I will try my best not to make a habit of the inclusion of other people's articles or messages in their entirety in my entries.

Nevertheless, I hope all of you enjoy the message that is included below just as much as I enjoyed it. How important it is for us not only as people of faith but also as people of humanity to extend love, compassion, and dignity to every human being. How important it is for us to recognize the hidden gifts in our midst—the gifts which include the people around us, especially those who often go unnoticed, and the Word of God in Scripture which we often neglect to read or hear or misinterpret when we do. I pray that this Lenten season inspires us to open our hearts, minds, and souls to the hidden gifts around us, that we may grow even more aware of our brothers and sisters in need so that we may aid them and grow even more in our understanding of God's Holy Word so that we may apply it accurately and willingly to our lives not just during Lent but also every day.

Peace be with you all,
Edgar R. Meyer

The Word is a gift. Other persons are a gift.

Dear Brothers and Sisters,

Lent is a new beginning, a path leading to the certain goal of Easter, Christ's victory over death. This season urgently calls us to conversion. Christians are asked to return to God “with all their hearts” (Joel 2:12), to refuse to settle for mediocrity and to grow in friendship with the Lord. Jesus is the faithful friend who never abandons us. Even when we sin, he patiently awaits our return; by that patient expectation, he shows us his readiness to forgive (cf. Homily, 8 January 2016).

Lent is a favorable season for deepening our spiritual life through the means of sanctification offered us by the Church: fasting, prayer, and almsgiving. At the basis of everything is the word of God, which during this season we are invited to hear and ponder more deeply. I would now like to consider the parable of the rich man and Lazarus (cf. Lk 16:19-31). Let us find inspiration in this meaningful story, for it provides a key to understanding what we need to do in order to attain true happiness and eternal life. It exhorts us to sincere conversion.

1. The other person is a gift.

The parable begins by presenting its two main characters. The poor man is described in greater detail: he is wretched and lacks the strength even to stand. Lying before the door of the rich man, he fed on the crumbs falling from his table. His body is full of sores and dogs come to lick his wounds (cf. vv. 20-21). The picture is one of great misery; it portrays a man disgraced and pitiful.

The scene is even more dramatic if we consider that the poor man is called Lazarus: a name full of promise, which literally means “God helps”. This character is not anonymous. His features are clearly delineated and he appears as an individual with his own story. While practically invisible to the rich man, we see and know him as someone familiar. He becomes a face, and as such, a gift, a priceless treasure, a human being whom God loves and cares for, despite his concrete condition as an outcast (cf. Homily, 8 January 2016).

Lazarus teaches us that other persons are a gift. A right relationship with people consists in gratefully recognizing their value. Even the poor person at the door of the rich is not a nuisance, but a summons to conversion and to change. The parable first invites us to open the doors of our heart to others because each person is a gift, whether it be our neighbor or an anonymous pauper. Lent is a favorable season for opening the doors to all those in need and recognizing in them the face of Christ. Each of us meets people like this every day. Each life that we encounter is a gift deserving acceptance, respect and love. The word of God helps us to open our eyes to welcome and love life, especially when it is weak and vulnerable. But in order to do this, we have to take seriously what the Gospel tells us about the rich man.

2. Sin blinds us.

The parable is unsparing in its description of the contradictions associated with the rich man (cf. v. 19). Unlike poor Lazarus, he does not have a name; he is simply called “a rich man”. His opulence was seen in his extravagant and expensive robes. Purple cloth was even more precious than silver and gold, and was thus reserved to divinities (cf. Jer 10:9) and kings (cf. Jg 8:26), while fine linen gave one an almost sacred character. The man was clearly ostentatious about his wealth, and in the habit of displaying it daily: “He feasted sumptuously every day” (v. 19). In him we can catch a dramatic glimpse of the corruption of sin, which progresses in three successive stages: love of money, vanity, and pride (cf. Homily, 20 September 2013).
The Apostle Paul tells us that “the love of money is the root of all evils” (1 Tim 6:10). It is the main cause of corruption and a source of envy, strife and suspicion. Money can come to dominate us, even to the point of becoming a tyrannical idol (cf. Evangelii Gaudium, 55). Instead of being an instrument at our service for doing good and showing solidarity towards others, money can chain us and the entire world to a selfish logic that leaves no room for love and hinders peace.

The parable then shows that the rich man’s greed makes him vain. His personality finds expression in appearances, in showing others what he can do. But his appearance masks an interior emptiness. His life is a prisoner to outward appearances, to the most superficial and fleeting aspects of existence (cf. ibid., 62).

The lowest rung of this moral degradation is pride. The rich man dresses like a king and acts like a god, forgetting that he is merely mortal. For those corrupted by love of riches, nothing exists beyond their own ego. Those around them do not come into their line of sight. The result of attachment to money is a sort of blindness. The rich man does not see the poor man who is starving, hurting, lying at his door.

Looking at this character, we can understand why the Gospel so bluntly condemns the love of money: “No one can be the slave of two masters: he will either hate the first and love the second, or be attached to the first and despise the second. You cannot be the slave both of God and of money” (Mt 6:24).

3. The Word is a gift.

The Gospel of the rich man and Lazarus helps us to make a good preparation for the approach of Easter. The liturgy of Ash Wednesday invites us to an experience quite similar to that of the rich man. When the priest imposes the ashes on our heads, he repeats the words: “Remember that you are dust, and to dust you shall return”. As it turned out, the rich man and the poor man both died, and the greater part of the parable takes place in the afterlife. The two characters suddenly discover that “we brought nothing into the world, and we can take nothing out of it” (1 Tim 6:7).

We too see what happens in the afterlife. There the rich man speaks at length with Abraham, whom he calls “father” (Lk 16:24.27), as a sign that he belongs to God’s people. This detail makes his life appear all the more contradictory, for until this moment there had been no mention of his relation to God. In fact, there was no place for God in his life. His only god was himself.

The rich man recognizes Lazarus only amid the torments of the afterlife. He wants the poor man to alleviate his suffering with a drop of water. What he asks of Lazarus is similar to what he could have done but never did. Abraham tells him: “During your life you had your fill of good things, just as Lazarus had his fill of bad. Now he is being comforted here while you are in agony” (v. 25).

In the afterlife, a kind of fairness is restored and life’s evils are balanced by good.

The parable goes on to offer a message for all Christians. The rich man asks Abraham to send Lazarus to warn his brothers, who are still alive. But Abraham answers: “They have Moses and the prophets, let them listen to them” (v. 29). Countering the rich man’s objections, he adds: “If they will not listen either to Moses or to the prophets, they will not be convinced even if someone should rise from the dead” (v. 31).

The rich man’s real problem thus comes to the fore. At the root of all his ills was the failure to heed God’s word. As a result, he no longer loved God and grew to despise his neighbor. The word of God is alive and powerful, capable of converting hearts and leading them back to God. When we close our heart to the gift of God’s word, we end up closing our heart to the gift of our brothers and sisters.

Dear friends, Lent is the favorable season for renewing our encounter with Christ, living in its word, in the sacraments and in our neighbor. The Lord, who overcame the deceptions of the Tempter during the forty days in the desert, shows us the path we must take. May the Holy Spirit lead us on a true journey of conversion, so that we can rediscover the gift of God’s word, be purified of the sin that blinds us, and serve Christ present in our brothers and sisters in need. I encourage all the faithful to express this spiritual renewal also by sharing in the Lenten Campaigns promoted by many Church organizations in different parts of the world, and thus to favor the culture of encounter in our one human family. Let us pray for one another so that, by sharing in the victory of Christ, we may open our doors to the weak and poor. Then we will be able to experience and share to the full the joy of Easter.

From the Vatican, 18 October 2016

Feast of Saint Luc the Evangelist

FRANCIS
Now I can...

Happiness is a hefty stack of sprinkle-laden donuts.

Take it from Taylor Brown, who has known the sorrow of a severely limited diet since she was a baby.

After an infection damaged the bones and joints in her jaw, Taylor got meals through a feeding tube and learned to talk through clenched teeth.

A series of surgeries at the University of Mississippi Medical Center put her mouth back in motion at age 6. And with the help of specialized therapies at Methodist Outpatient Rehabilitation in Flowood, Taylor is now savoring all her favorite foods—from Krystals to Krispy Kremes.

“It was a blessing,” said her mother, Tamika Winters, of the treatment at Methodist. “Without it, I don’t think she would have gotten so far.”