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FROM THE ASB PRESIDENT:

As Associated Student Body (ASB) president, it is my distinct pleasure to welcome new students to the University of Mississippi Medical Center. I would also like to extend a very special welcome to our newest program on campus — The John D. Bower School of Population Health. And if you are a returning student, welcome back!

ASB Leadership is a group of students, from the various UMMC schools, who have been elected to represent the interests of their constituency. We work to help students balance the demands of their academic studies with opportunities for social interaction, intramural sports, leadership development, and community service.

I also want to encourage my classmates to experience and enjoy the diversity of UMMC and the larger Jackson community as well. Your studies at UMMC will provide opportunities for learning that can extend far beyond our classroom walls. We have a multicultural campus that offers us a unique chance to expand our cultural knowledge and see the world through the eyes of others enrolled or working at UMMC. There are few places in Mississippi where the strength that cultural diversity offers can be seen as clearly. Whether you think about our studies, the research, or patient care – we gain directly from the cultural diversity of our campus community.

Reach out and become involved in as many of the social, cultural, and service opportunities that are the fabric of life here at UMMC. Also consider extra-curricular involvement in the community outside UMMC. Become a sort of personal ambassador sharing all that is special and good about our UMMC mission with others.

As an academic medical center, UMMC offers us unique learning opportunities. You have achieved much in making it this far. Here you will find a place to think, to dream, and most importantly, to do. Don’t be afraid to take the step and seize this moment. Make it your time to DO!

William Thomas
2017-2018 ASB President
Camp Uplift

Healthcare students are proud to announce the success of the inaugural year of Camp Uplift, a free of charge, four-day summer camp designed to foster carefree fun and structured activities for children with physical or mental disabilities in the Jackson-Metro area.

Training Camp and took place August 2nd-5th. Throughout the camp UMMC students had the opportunity to form relationships with and hold activities for children at The Little Lighthouse, St. Richard’s daycare, Caring Hands Pediatric Extended Care, The Mustard Seed, and Hudspeth.

Camp Uplift strives to create a legacy similar to Camp Tiger over the years, growing larger and serving more children in the area as we accrue experience and community relationships. Our hope is that the relationships we form with our partnering facilities will continue beyond the week of camp and that Camp Uplift will have a consistent presence in serving these groups of people. As students in healthcare, we have learned that a good community can make goals a reality. We are thankful to our community whose support and generosity has allowed us to accomplish our aim of serving children with differing needs in our area.

Mary Moses Hitt

This idea was inspired by LSU Medical School’s “Camp Tiger,” which has served hundreds of children since its inception in 1985. Since the fall of last year, rising M4’s Elyse Jensen and Hannah Rice have spearheaded the creation of a similar camp here in Jackson. Camp Uplift is a fully operational non-profit organization with a panel of officers and board of directors. They have held numerous fundraisers and events, including a silent auction at Sal & Mookie’s in June.

Camp Uplift’s inaugural theme is Superhero
Hello, y’all,

I would like to welcome all of the new students to UMMC and to welcome back all of the other friendly faces. We in the Graduate School just want to fill everyone in on what has been happening this summer.

Cheers,
Edgar R. Meyer
GSB President

Summer Activities

THE BULLDOG
Fellowship | Grad Students | June 26, 2017
Graduate Students gathered for a relaxing evening of food and drinks at The Bulldog. Work hard; play hard!

MOVIE NIGHT
Fellowship | SURE & Grad Students | July 18, 2017
Some of the summer SURE students joined Graduate Students for the movie Spider Man and popcorn. We are just your friendly neighborhood Grad Students.

FOLLOW US | LIKE US

CONTACT US
emeyer@umc.edu  |  aahollis@umc.edu  
vwolf@umc.edu   |  bgurumurthy@umc.edu
What a year! The past year at the Jackson Free Clinic has been one full of challenges new and old. We've been hard at work each Saturday to provide quality healthcare for those in the greater Jackson area who could not otherwise afford it. And with the help of our many student and physician volunteers across the UMMC campus, it's been a great year.

This past year has also been a process of laying foundations for the future. The JFC Board of Directors has been working on several new projects over the past months that we are excited to share with you. The JFC has hired an architect to renovate some areas in our clinic; this includes creating more lab and phlebotomy space, expanding our kitchen, designing a consult area, and revamping the front office. With this partnership, we hope to expand the resources and services available to our patients as well as increase clinic workflow. We hope that by working with our patients both inside and outside the exam room, we can better promote overall health and wellness for our community. Other projects that we plan to roll out this year include creating a new volunteer program to recognize our dedicated team leaders, initiating the first step to electronic medical records at the JFC, and making new promotional videos. Much work has gone into making these projects possible, and we are excited about seeing these new programs come to fruition.

Even as we celebrate the past year’s success, we are still excited to find new ways to engage and educate both the patients and students who visit us each week. We hope that you will come visit us and find out what new things we dream up next. And don’t forget, you can now give back to the JFC in your everyday life by registering your Kroger account and AmazonSmile account with the Jackson Free Clinic so a portion of your purchases will be donated to the clinic.

Lastly (but certainly, not least), I’d like to thank all of you, both students and staff, who have graciously given of your time this past year to volunteer with us. Without your generosity and dedication the JFC would not be able to continue delivering the high quality and compassionate care on which our many patients have come to rely. So on behalf of the JFC Board of Directors and the patients you continue to faithfully serve, thank you very much and we hope to see you soon!

Ann Marie Mercier  
Student Director, Jackson Free Clinic  
UMMC SOM Class of 2018
The Office of Alumni Affairs is again proud to offer Ole Miss and Mississippi State football tickets to UMMC students and residents (first come, first serve basis).

**ONE DAY SALE ONLY**

**WHEN:** Friday, August 25, 7 am to 2 pm

**WHERE:** Norman C. Nelson Student Union Ballroom C and D

**HOW:** In person sales only. Bring student ID and check or credit card. If you are unable to be present, one student can purchase tickets for ONLY ONE other student.

Still have questions? Please contact the Office of Alumni Affairs at alumni@umc.edu or 601.984.1115.

**FALL SEMESTER KICK-OFF**

**DATE:** Wednesday, September 6th

**TIME:** Noon

**WHO:** UMMC students

**LOCATION:** Norman C. Nelson Student Union gym

**CELEBRATING THE FIRST DAY THAT STUDENTS ATTENDED CLASSES AT UMMC MORE THAN 60 YEARS AGO**

**JOIN US FOR GAMES, FOOD & FUN**

**Egg Bowl Giveaway**

There will be food for first 200 people. You must be present to win giveaway.

Located near University Medical Center, the Cabot Lodge Millsaps conveniently accommodates any Jackson visit. The exceptional comforts also include complimentary full southern breakfast and nightly hospitality reception. No matter what’s on your agenda, we’ll make sure you’re rested and refreshed.

**Millsaps**

2375 North State Street | Jackson
800.874.4737 | cabotlodgemillsaps.com
Recipe of the Month

Baklava

Ingredients:
• 1 (26 oz) package of Phyllo dough
• 1 pound of chopped nuts (walnuts, pistachios etc.)
• 1 cup butter
• 1 teaspoon ground cinnamon (if using walnuts)
Sugar Syrup
• 1 cup water
• 1 cup sugar
• ¼-½ cup honey
• 1 tablespoon lemon juice
• 1 teaspoon vanilla extract

Directions:
Preheat oven to 350 degrees F. Butter the bottom and sides of a 9x13 in pan.
Make sugar syrup before you assemble the baklava. Add sugar and water in pan and simmer for 20 minutes, then add other ingredients. Cool then place in fridge until cooled.
Chop nuts and toss with cinnamon.
Unroll phyllo dough and cut the whole stack in half to fit pan. Cover phyllo with a dampened cloth to keep from drying out as you work. Start by placing two sheets of dough in pan, butter thoroughly (Do not soak in butter, just coat). Repeat until you have 8 sheets layered. Sprinkle 2 - 3 tablespoons of nut mixture on top. Top with two sheets of dough, butter, and then nuts. Repeat this until you have run out of the nut mixture. Finally layer 8 more sheets of dough on the top.
Using a sharp knife cut into diamond or square shapes all the way to the bottom of the pan. Bake for about 30 minutes or until baklava is golden and crisp.
Remove baklava from oven and immediately spoon cooled sauce over it. Store uncovered.

Submitted by Salma Dawoud
About EversCare:
Our purpose is to help create a health-care program that addresses the basic resource needs of our patients. EversCare connects patients to resources by identifying underlying social factors that influence their overall health and well-being. EversCare is housed in the Myrlie Evers-Williams Institute for the Elimination of Health Disparities, located at the Jackson Medical Mall.

The Problem...
"Across the lifespan, social and environmental context can affect rates of incidence, prevalence, mortality, and the burden of disease." These factors, collectively known as the social determinants of health: education, income, employment, access to affordable food and housing have a profound impact on health status.

For more information, contact:
Jana Bailey, MPA
jbailey3@umc.edu
Elizabeth Bell, MSHA
ebell@umc.edu
(601)815-9000
Looking for a Faith Community?

Join the UMMC Catholic Students Association.

We welcome people of all religious backgrounds, and we engage in service projects and fellowship activities throughout the year.

We also have weekly Mass on Thursday’s at noon in the UMMC Chapel.

Please join us in welcoming our celebrant Father John Bohn this Thursday!

FAITH
FELLOWSHIP
SERVICE

To Join: contact Edgar Meyer at emeyer@umc.edu

To be added to the GroupMe for reminders of Mass times and service projects, please provide your phone number in your email response or text Edgar Meyer at 662-719-0276.
Are you looking for a terrific place to live that’s close to campus and the ultimate study zone? Look no further than 5119 McCoy Drive. Nestled in a cozy (mega safe), suburban neighborhood that’s less than two minutes away from Kroger and Planet Fitness, you’ll feel right at home in this furnished, renovated 3 bedroom/2 bath palace.

Rent is a steal at only $500 a month, but that’s not even the best part. You’ll be living with a super chill M2 who will be available for any and all of your questions, complaints and/or concerns about class and life! If you’re interested, text Madaleine Meeks at 228-990-2232!
AACP Walmart Scholars:
Two University of Mississippi School of Pharmacy student-faculty pairs, Meredith Oliver (left) and Dr. John Rimoldi (not pictured), and Rachel Lowe (right) and Dr. Katie Barber (not pictured), were selected for the prestigious scholarship to attend The American Association of Colleges of Pharmacy Annual Meeting.

MPHA Annual Convention:
University of Mississippi School of Pharmacy students and members of the Mississippi chapter of The American Pharmacists Association attended the annual convention held in Destin, Florida.

MSHP Annual Convention:
University of Mississippi School of Pharmacy students and members of the Mississippi chapter of The American Society of Health-System Pharmacists attended the annual convention held in Oxford, MS where they enjoyed a ride on the double decker bus as provided transportation to and from the convention!
Want a FRONT ROW PARKING SPACE?

ASB Blood Drive
Friday, August 18
10 a.m. - 4 p.m.

 Donate blood and you could win a parking spot on the first row of the Stadium Lot for the month of September!

MBS will be in the Student Union Gym

All donors to receive a t-shirt!

MBS suggests that all donors eat at least four hours within giving blood and drink plenty of fluids prior to and after making a donation.

PLEASE BRING ID

Now you can download the free MBS App!
STUDENTS SAVING LIVES

Patients need you! For thousands with blood cancers like leukemia or other diseases like sickle cell anemia, a marrow transplant is their only hope for life. If you have diverse ancestry, patients especially need you because they are most likely to match someone who shares their heritage.

Meet Serena...

Serena is 18 years old and has a rare primary immune disorder. She is constantly battling upper respiratory infections and has undergone countless infusion treatments that provide little results. Her best hope for a cure is a bone marrow transplant.

Like 70% of all patients, Serena does not have a matching donor in her family.

Help us find a match for Serena and all patients in need! Patients are most likely to match someone who shares their ancestry, and patients with diverse ancestry have the lowest odds of finding a match. More diverse donors are urgently needed to save lives.

Joining is easy – paperwork and a cheek swab is all it takes to determine if you could Save a Life!

JOIN THE BE THE MATCH® REGISTRY

DATE: Monday, August 21st – Friday, August 25th

TIME: 9:00 a.m. – 2:00 p.m.

University Hospital
(corridor near the ATM’s outside McDonald’s)

Learning Resources Center concourse
(outside the Rowland Medical Library)

CONTACT INFO:

Representative: ASB Philanthropy Co-Chairs:
Rachel Harris Edgar R. Meyer
rhaps@nmdp.org emeyer@umc.edu
(205) 552-9371 Emily K. Theriot
etheriot@umc.edu

To join the Be The Match Registry, you must:
1. Be between the ages of 18 and 44
2. Be in general good health
3. Be willing to donate to any patient you may match in the future.

Joining is easy – paperwork and a cheek swab is all it takes to determine if you could be the one to save a life!

Hosted by:
The Associated Student Body

BeTheMatchOnCampus.org
NPO2076, MAR 2015
NOW OPEN

Getting You Back on the Trail

102 S. Perkins Street in Ridgeland | methodistonline.org