

# ENDOCRINOLOGY FELLOWSHIP PROGRAM

UNIVERSITY OF  
MISSISSIPPI MEDICAL  
CENTER

# INTRODUCTION

UMMC is the only academic medical center in the state of Mississippi.

UMMC currently offers 28 residencies and 45 fellowship programs

UMMC is also the only level one trauma center in the state

UMMC works closely with Mississippi state government in regard to public health, and a more recent example being the COVID-19 pandemic



# INTRODUCTION – ENDOCRINOLOGY FELLOWSHIP

ACGME accredited 2 year fellowship program, no citations on last inspection.

2-3 fellows/year

Two training facilities- UMMC Medical Center and VA Medical Center (across the street from UMMC main campus and can be seen in top left of attach photo)

Provides advanced care for Mississippians who currently are #1 in Obesity and #2 in Diabetes.



# ENDOCRINOLOGY TRAINING

In this program you will be exposed to a wide variety of pathology from diabetes, and thyroid management to pituitary, adrenal pathology and everything in between.

The program places a large emphasis on exposure to all aspect of endocrinology

We take pride in our outpatient experiences and give trainees the opportunity to experience and learn for patients with a variety of endocrine related pathology



# FELLOWS SAMPLE SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday
Fellow 1 (VA Consult Service)	VA continuity clinic	UMMC continuity clinic	VA Diabetes clinic	VA Endocrine clinic	VA lipid/HTN clinic
Fellow 2	VA continuity clinic	UMMC continuity clinic	Dr. Virginia Wright	Pituitary clinic	VA lipid/HTN clinic
Fellow 3	VA continuity clinic	UMMC continuity clinic	Dr. Subauste clinic	Dr. Yanes-Cardozo clinic	Metabolic Bone Disease Clinic
Fellow 4 (UMC Inpatient Consult Service)	VA continuity clinic	UMMC continuity clinic	No clinic	No clinic	No clinic



# INPATIENT ENDOCRINE SERVICE

The division runs two inpatient services, General Endocrine and an Inpatient hyperglycemia service.

Fellows round in the General Endocrine service for 2-3 months/year for 2 weeks at a time.

The census on the service is around 10-15.

Fellows are expected to participate in teaching residents and medical students

When on service fellows are on call and we be responsible for overnight call

Coming after hours to the hospital is required if needed however is very rare.



# STRENGTHS

Robust clinical experience.

Comprehensive teaching curriculum with a 100% board pass rate since the inception of the fellowship.

Multiple specialty clinics and conferences

Collegial atmosphere among fellows and faculty

Paramount importance given to fellows wellbeing and career progression.

Ample opportunities for research both basic and clinical.

# ELECTIVE ROTATIONS

Required Elective Rotations in:

- Nuclear Medicine

- Pediatric Endocrinology

- Reproductive Endocrinology

Optional Elective Rotation in:

- Private practice

The division will consider creating an elective other than the above if it is aligned with the fellows aims and interests.



# THYROID ULTRASOUND AND FNA

Fellows will have the opportunity to perform Thyroid FNAs every Wednesday afternoon.

The VA FNA clinic is on the first and third Wednesday afternoons whereas the UMMC FNA clinic is on the second and fourth Wednesday afternoons of the month.

Our fellows perform close to 50 FNA's before they graduate.

The clinics are equipped with ultrasound machines and fellows are encouraged to perform their own diagnostic ultrasounds.

# TEACHING CONFERENCES

Weekly Endocrine Grand Rounds

Weekly Endocrine Board Review

Quarterly Multidisciplinary Pituitary Conference

Quarterly Multidisciplinary Osteoporosis and Metabolic bone disease conference

Quarterly Multidisciplinary Thyroid Conference

Monthly Case Conference

Endocrinology lectures (16) by Dr.Subauste

# RESEARCH OPPORTUNITIES

Scholarship is encouraged and fellows are expected to complete a research project during their fellowship.

Ample opportunities for chart review and quality improvement projects.

Opportunity to enroll in Masters in Clinical Investigation course at the University of Mississippi School of Health Related Professions.

Jackson Heart Study (JHS) and Atherosclerosis Risk in Communities (ARIC) are cohort studies at UMMC whose data is available for research

Clinical Research and Trials Unit provides opportunities to learn more about conducting clinical trials.

Strong basic science departments and opportunities for collaboration.

# Continuous Glucose Monitors and Insulin Pumps

- Extensive exposure to new and upcoming technology such as Insulin Pumps (Tandem, Medtronic, and Omnipod ex.) as well as most major continuous glucose monitoring systems.
- Hands on experience along with lecturing directly related to these technologies



# SALARY

PGY4 (first year fellow)-\$55,391

PGY5 (second year fellow)- \$57,564

Robust Benefits package with options for medical, dental, vision and family coverage

UMMC also provides one of the better retirement packages in the state with several available options to best tailor each employee





# JACKSON, MISSISSIPPI

Low cost of living as compared with other large cities

Safe neighborhoods

2.5 hours to New Orleans and Baton Rouge, 3 hours to Memphis, and 6 hours to Atlanta and Dallas

Great schools in and around the metro area

An abundance of local restaurants, shopping, outdoor activities, nightlife, and fun experiences for the whole family



# RESTAURANTS

Saltine- A modern oyster bar & restaurant featuring Southern cuisine, fresh seafood, seasonal veggies & craft cocktails



Barrelhouse- A uniquely Southern take on the modern Gastropub with an exceptional menu and wonderful cocktails



Cultivation Food Hall- A collection of boutique restaurant concepts, specialty coffee, and classic, craft cocktails



Table 100- a Casual-Euro American Bistro offering a unique experience with a piano bar, craft cocktails, and classic Southern Bistro fare served with a modern twist.





# NIGHTLIFE

Fondren Public- A craft beer bar serving up delicious bar bites to enjoy while you hang out on their backyard patio. Complete with cornhole, bocce ball, and board games and shuffleboard inside.



The Apothecary at Brent's Drugs- Tucked away in the back of Brent's Drugs in Fondren serving specialty and seasonal drinks, classic cocktails, small plates, and an ambiance you won't find anywhere else



# SHOPPING

Highland Village- An eclectic shopping destination where *timeless* meets *of-the-moment* with several restaurants to offer as well.



Market Street Flowood- 380,000 square feet of great shopping of local boutiques and national favorites, dining options and premium office space.



Renaissance at Colony Park- An unrivaled venue for shopping, dining, and entertainment. Home to local boutiques, specialty stores, and renowned national stores.





# OUTDOOR ACTIVITIES



The Natchez Trace is a great place for people who like to be outdoors. There are areas to bike, walk, run, hike and sightsee. This scenic route is also a nice and relaxing way to commute to the surrounding areas of Jackson.



There are several golf courses around the area that are great with the newest being The Refuge. This course has been recently renovated to offer a fresh look. There is also a hotel, restaurants and a bar on site to enjoy and look at the stunning views.



Winner Circle Park is great for people with children. The playgrounds are split up by age so it's great for kids of all ages. There is a walking trail around the park that is also great for exercising.



# TRAVEL

Jackson is home to Jackson-Evers International Airport. With easy access like this, traveling possibilities are



Jackson is also a great central location for taking weekend getaways. Many popular cities are within a 3 hour drive, such as New Orleans, Memphis, and the Gulf Coast.

If college sports are your thing, there are two SEC colleges just a short drive away. These college towns also make for great weekend getaways to enjoy cheering for your favorite team.



# OTHER ATTRACTIONS AND EVENTS

The Mississippi Coliseum- a hub for several different events and activities. From sporting events to agriculture shows to wildlife expos to the Mississippi State Fair, there's always something fun for everyone.



Cathead Distillery- is an event-driven facility and a place for both locals and tourists to enjoy spirits tastings, live music, community, and a cold beer



Mississippi Children's Museum- a great way to spend the day with your children. This museum makes learning fun with interactive exhibits that teach kids practical life skills



McClain Lodge- You can enjoy the great outdoors by staying in one of their cabins, enjoy some great food at one of the restaurants on site, or observe some exotic animals on a safari tour.





# CURRENT FELLOWS – 2<sup>ND</sup> YEAR

Teresa Moll, MD

Hometown – Brandon, MS

Undergrad – Mississippi College,  
Clinton, MS

Medical School – University of  
Mississippi

Residency – University of  
Mississippi Medical Center Internal  
Medicine-Pediatrics



# CURRENT FELLOWS – 2<sup>ND</sup> YEAR

Lauren Cutrone

Hometown – Diamondhead, MS

Undergrad – University of Southern Mississippi

Medical School – University of Mississippi

Residency – Louisiana State University Baton Rouge





# CURRENT FELLOWS – 1<sup>ST</sup> YEAR

Roopitha Kaval M.D.

Hometown - Calgary, Alberta,  
Canada

Undergrad - AUA, Manipal, India

Medical School: AUA, Antigua and  
Barbuda

Residency: Baton Rouge General  
Hospital, Louisiana





# CURRENT FELLOWS – 1<sup>ST</sup> YEAR

David E. Lott, DO

Hometown – Meridian, MS

Undergrad – Mississippi College,  
Clinton, MS

Medical School – William Carey  
University College of Osteopathic  
Medicine

Residency – University of  
Mississippi Medical Center Internal  
Medicine



# Contact Information

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