

GWIMS NEWS

FALL 2018

GWIMS Group on Women
in Medicine and Science
University of Mississippi Medical Center

2018 Fall Membership Drive

The membership committee held a membership drive on August 24, 2018 in which 90 new members were recruited. The drive was held in conjunction with Women's Equality Day. The committee would like to thank all of the volunteers for assisting with the successful drive. If you are interested in volunteering within GWIMS, please contact Rachel Tyrone (rtyrone@umc.edu).

GWIMS First Annual Book Drive

During the Fall Membership Drive, the GWIMS also held their first annual book drive. Five new books were donated to the GWIMS library. The GWIMS would like to thank all that donated a book. If you are interested in donating a book to the library, please contact Sonja Dragojevic (sdragojevic@umc.edu) You can also drop off a book at any GWIMS sponsored event. We are accepting books of a limited scope of topics: promoting gender equality, women empowerment in medicine and science, self-transformation, and empowerment. We ask that the donated books to be in great shape.

Connect, Share, Advance and Seminars at a Glance

GWIMS has sponsored successful events throughout the Fall. GWIMS would like to thank all of the speakers that donated their time to speak to our members/community. If you were unable to attend, we would like to encourage you to make plans to attend our upcoming events. The CSAs and Seminars provide opportunities to network with other professionals outside of your department as well as providing applicable topics to apply within your professional life. Speakers and topics included:

CSAs

- ◆ **August 14, 2018-Kim Bibb**, "Supporting Women in Academia: An Overview of GWIMS and Burnout Prevention"
- ◆ **September 11, 2018-Lyssa Weatherly**, "Finding your Confidence as a Woman in Healthcare"
- ◆ **November 13, 2018-Beverly Bryant**, "Neurobiology of Men and Women and How it Affects our Thinking"

Seminars

- ◆ **September 21, 2018-Julie Schumacher**, "Positive Psychology: Applying the Science of Happiness to Improving Your Daily Life"
- ◆ **October 19, 2018-Kim Hoover**, "Learning to Lead...With a Little Help From My Friends"

GWIMS Sponsored Breast Cancer Awareness Event

In honor of Breast Cancer Awareness month, GWIMS members provided educational material on Breast Cancer Awareness to all UMMC employees as they traveled through the main entrance of UMMC. The educational materials consisted of breast cancer facts and information regarding mammograms. All women are encouraged to schedule your mammograms. Similar events are being planned for Heart Health as well as for Mental Health. Be sure to check your email and look at the intranet scroll for any upcoming GWIMS events.



Rachel S. Tyrone & Diane Grunes

Spring Membership Drive

GWIMS will host a spring Membership Drive on **March 8, 2019**. The Spring drive will be held in conjunction with International Women's Day.

Upcoming Events

December 11, 2018-Danny Burgess will present "Willpower & Goal-Setting."
Time: 12:00 p.m. **Location:** CW 308

On **January 18, 2019**, GWIMS will host Anita Navarro, EdD. Dr. Navarro was the Senior Director, Academic Affairs, Policy and Constituency in the AAMC.

Time: 12:00 PM -1:00 p.m. **Location:** Student Union, Student Ballroom A/B

On **February 22, 2019**, a second workshop will be presented by Luanna Thorndyke, MD. Dr. Thorndyke is past-Chair of the AAMC Group on Faculty Affairs, and the GFA Membership & Nominating Committee, and a member of the AAMC Group on Women in Medicine and Science (AAMC GWIMS), and Group on Diversity and Inclusion.

"The Power of Utilizing Temperaments to Enhance Your Leadership Capabilities"

Time: 10:00 a.m. – 12:00 p.m.

Location: Student Union, Student Ballroom A/B

Lunch will be provided following the workshop.

GWIMS would like to encourage all to make plans to attend these workshops. A formal invitation will be sent out soon for directions to register. Registration for Dr. Thorndyke's workshop will be required to ensure an adequate amount of resources printed for the courses. Further information will be sent out soon.

Kudos & Accomplishments

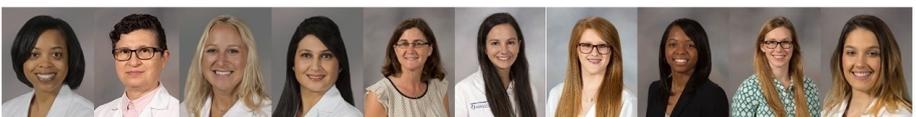


Dr. Kristen Alston, assistant professor of family medicine, is the new president-elect of the Mississippi Psychological Association.

The MPA is the "organized voice of psychology in Mississippi" as it pursues the advancement of psychology as a science and a profession, according to its website.

"What is so special about [Alston's] election to this position is that she is the first African-American president-elect of this organization, a first that was well overdue," said Dr. Molly Clark, associate professor of family medicine and director of the Health Psychology Fellowship in Family Medicine.

UMMC-GWIMS Board 2018-2019



- **Mohadetheh Moulana**, PhD- President (Not pictured)
- **Kimberly Bibb**, MD - President Elect
- **Norma Ojeda**, MD - Past President
- **Catherine Zimmerman**, MD- Treasurer
- **Harpreet Talwar**, MD - Programming Committee Chair
- **Heather Drumond**, PhD - Awards Committee Chair
- **Erin Dehon**, PhD - Mentoring Committee Chair
- **Rachel Tyrone**, MS - Membership Committee Chair
- **Hannah Turbeville** - Trainee Representative
- **Gwendolyn Davis** - Trainee Representative
- **Sonja Dragojevic** - Secretary

Already a GWIMS Member?

Encourage your colleagues to join! Membership is free!
Join in person at GWIMS events or join online.

If you are a member of GWIMS, but you are not receiving the GWIMS emails regarding events, please contact Rachel Tyrone (rtyrone@umc.edu).