

BLACK MEN'S HEALTH

There are approximately 21 million black men in the United States. Black men suffer far worse health than any other racial group in America. There are a number of reasons for this, including racial discrimination, a lack of affordable health services, poor health education, cultural barriers, poverty, employment that does not carry health insurance, and insufficient medical and social services catering for black men.

Black men have higher death rates than women for all leading causes of death.



23% of black men 18 years of age & over smoke cigarettes.

40% of black men 20 years of age & over have hypertension.



40% of black men die prematurely from heart disease as compared to 21% of white men.

38% of black men 20 years of age & over are obese.



DID YOU KNOW?

The leading causes of death for black men are:

1. Heart disease
2. Cancer
3. Stroke

Black men live 7.1 years less than other racial groups.

Black men are 5 times more likely to die of HIV/AIDS.

RESOURCES

For more information, visit www.cdc.gov/nchs/fastats/black-health.htm or <http://blackdemographics.com/>

This informational handout is distributed by the Center for Health of Minority Males. If you have any questions, contact Dr. Marino A. Bruce at: mbruce@umc.edu or 601-984-4182.

