Curricular Practical Training

Curricular Practical Training (CPT) is a benefit of F-1 status which allows F-1 degree seeking students the opportunity for employment which is temporary and directly related to the student’s academic curriculum. [8CFR 214.2(f)(10)(i)] In some cases, the employment may be full time and off campus. Prior to beginning employment, the student must receive permission from his/her Program Director, the Dean of the School of Graduate Studies in the Health Sciences and the Designated School Official in the Office of International Services and a new I-20 noting the details of the CPT approval.

There are a few guidelines to keep in mind when considering CPT. CPT employment can be approved only while a student is pursuing a degree. Once the student has completed all program requirements, he/she is no longer eligible for CPT. A program extension may not be requested for the sole purpose of engaging in CPT. Curricular Practical Training is for specific offers of employment. Thus, a job offer is required before the case may be approved.

Pre-Requirements for making application:
- Maintain F-1 status for one academic year*
- Possess a valid passport

*Graduate students enrolled in a program that requires immediate participation in an internship may apply at any time.

Full-time and part-time CPT
CPT can be authorized for full-time employment, more than 20 hours per week, or part-time employment, 20 or fewer hours per week, however, the student must be simultaneously enrolled for sufficient credit hours to maintain lawful F-1 status. The cumulative use of full-time CPT for twelve months or more negates a student’s eligibility for any OPT. Part-time CPT does not affect a student’s eligibility for OPT.

Eligibility Requirements:
To meet the requirements for curricular practical training, the employment must be:
- related to student’s field of study
- appropriate to student’s degree level
- an integral part of student’s degree program
- required by student’s degree program, carry course credit or be essential for gathering research for the student’s thesis/dissertation

CPT Application Required Documents:
- Student Request Form
- Copy of current I-20
- Letter from employer including job title, dates of employment, number of work hours per week, location of employment and brief description of duties to be performed
- “Curricular Practical Training Recommendation Form” completed by the Program Director and approved by the Dean
CPT Student Request Form

Student Name ____________________________________________

I request authorization for ___ part-time (20 hours or less per week) or ___ full-time (more than 20 hours per week) Curricular Practical Training at:

________________________________________________________
(Name of company or organization)

________________________________________________________
(Street Address)

________________________________________________________
(City, state and zip code)

from ___________________ to ___________________. I understand that CPT shall be used only to fulfill curricular requirements and **NOT** to gain general experience. Additionally, I understand that I may begin work only after I have received an updated form I-20 from the Office of International Services with a CPT begin date. The updated form I-20 will have my employment information posted on page three. Based on page three I may only work for the employer listed, and for the hours (part-time or full-time) specified. If the need for CPT is based on enrollment in a course, I will enroll in the course for the _____________________ semester/term. Any changes must be reported to the Office of International Services and updated on my form I-20, before I perform them.

________________________________________________________
Signature

________________________________________________________
Date
Curricular Practical Training Recommendation Form

Curricular Practical Training (CPT) is a benefit of F-1 status which allows F-1 degree seeking students the opportunity for employment which is temporary and directly related to the student's academic curriculum. [8CFR 214.2(f)(10)(i)] In some cases, the employment may be full time and off campus. Prior to beginning employment, the student must receive permission from the Designated School Official in the Office of International Services and a new I-20 noting the details of the CPT approval.

CPT recommended for: ________________________________________________________________

(Name of Student)

Name of company where services will be performed: _________________________________________________________

Number of hours to be worked per week: ________ Has the student finished all program requirements? _____________

Expected completion date of degree requirements: ______________________

I recommend authorization for the following time-period: from _____________ to _______________.
(The time period may not exceed one semester)

My recommendation is based on the following (check only one):

_____ (Category 1) This experience is required of all students in this degree and major field of study.

_____ (Category 2) This experience is part of the regular requirement for a course. The student is currently registered for this course.

<table>
<thead>
<tr>
<th>Course number</th>
<th>Name of course</th>
<th>Semester hours</th>
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_____ (Category 3) This experience is to gather data for required thesis or dissertation research; the work experience is an essential part of the research project; the research would not be possible without engaging in CPT-employment. CPT is not intended as an avenue for gaining "general experience". As such the duration of the research-focused CPT is to be limited to the time required to meet the particular research requirement.

How does the CPT meet the academic objective of this student’s program and how will progress be monitored? Attach letter if more room is needed.

____________________________________________________________________________________________________
____________________________________________________________________________________________________
____________________________________________________________________________________________________

Program Director: ___________________________ Date: ___________________________

Printed name: ___________________________ Department: ___________________________

Dean: ___________________________ Date: ___________________________