

Get fit. Save big.



Join University Wellness Center

Free Enrollment And **Big Discounts** For UMMC Employees

\$25 a month to join one location
or \$35 a month to use all locations

Want a family membership?

Just \$20 more a month covers all
family members living with you!

Free enrollment (\$100 value)
and no contracts

**University Wellness Centers
are newly remodeled, with:**

- State-of-the-art cardio equipment with personal televisions
- Strength training equipment
- Spacious workout areas and fitness studios
- A variety of fitness classes

Learn more at ummcwellness.com

To join, bring your UMMC employee ID to any of our five locations!



Downtown Jackson 100 East Capitol Street #107
601.948.8688

Brandon 255 Mar Lyn Drive
601.724.1099

Madison 1022 Highway 51
601.898.7849

Courthouse Racquet and Fitness Center

Flowood 2625 Courthouse Circle
601.932.4800

Northeast Jackson 46 Northtown Drive
601.956.1300