(5-Part Series) Wednesdays from 12 pm-1pm CST

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**Date:** November 2, 2022 12:00 PM - 1:00 PM, Virtual Session

**Session 5: Nutrition for Chronic Disease (Med/DASH/WFPB)**

**FREE CONTINUING EDUCATION INCLUDED!**

**REGISTER BY CLICKING THIS LINK:** [Healthy Living ECHO](#)

**Target audience:** Physicians, Nurse practitioners, Nurses, and other interested healthcare providers.

**Speaker**

Elena L. Dent, PhD, RDN, CDCES, Assistant Professor, Department of Preventive Medicine, UMMC

*No planners or speakers have any relevant financial relationships to disclose.*

**Educational Objectives**

*At the conclusion of this activity, the learner should better be able to:*

1. Review evidence-based eating patterns for nutrition-related chronic diseases.
2. Identify resources for evidence-based eating patterns for nutrition-related chronic diseases.

*There are no fees for participating in this live activity.*

**For more information contact Brea Cole at bcole@umc.edu**

**AMA** The University of Mississippi School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

As an organization accredited for continuing medical education, the University of Mississippi School Medicine designates this live activity for a maximum of **1.0 AMA PRA Category 1 Credit™** toward the AMA Physician’s Recognition Award. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Nurse-The University of Mississippi Medical Center School of Nursing is approved as a provider of nursing continuing professional development by The Mississippi Nurses Foundation Inc. an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.**

*As an approved provider, the University of Mississippi Medical Center School of Nursing awards this educational activity 1 (one) contact hour(s).*