Date: April 19, 2022 12:00 PM - 1:00 PM, Virtual Session

Session 1: Introduction to stages of change, motivational interviewing and goal-setting, and MSU Extension Service Background and Scope

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Target audience: Physicians, Nurse practitioners, Nurses, and other interested healthcare providers.

Speakers
Josie Bidwell, DNP, FNP-C, DipACLM, Associate Professor, Department of Preventive Medicine, UMMC
David R. Buys, PhD, MSPH, CPH, FGSA, State Health Specialist, MSU Extension

No planners or speakers have any relevant financial relationships to disclose.

Educational Objective
At the conclusion of this activity, the learner should better be able to:
Discuss cases that will enable clinicians working in primary care settings to effectively promote healthy lifestyle change in their patients.

There are no fees for participating in this live activity.

For more information contact Brea Cole at chcole@umc.edu