Target audience: Physicians, Nurse practitioners, Nurses, and other interested healthcare providers.

Speakers
Elena L. Dent, PhD, RDN, LDN, CDCES, Assistant Professor, Department of Preventive Medicine, UMMC
Megan E. Holmes, Ph.D., Associate Professor, Department of Kinesiology, Mississippi State University

The speakers today have no relevant financial relationships to disclose.

Educational Objectives
At the conclusion of this activity, the learner should better be able to:
Discuss role of nutrition in chronic disease management; Identify patients for nutrition education; Describe nutrition assessment tools
Discuss nutrition prescriptions; Review evidence-based diets for specific patient populations; Identify resources; Discuss cases that will enable clinicians working in primary care settings to effectively promote healthy lifestyle change in their patients and communities.

There are no fees for participating in this live activity.

For more information contact Brea Cole at cbcole@umc.edu

AMA The University of Mississippi School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

As an organization accredited for continuing medical education, the University of Mississippi School Medicine designates this live activity for a maximum of **1.0 AMA PRA Category 1 Credit™** toward the AMA Physician’s Recognition Award. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nurse-The University of Mississippi Medical Center School of Nursing is approved as a provider of nursing continuing professional development by The Mississippi Nurses Foundation Inc. an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

As an approved provider, the University of Mississippi Medical Center School of Nursing awards this educational activity 1 (one) contact hour(s).