— The Importance of Individualizing HIV Care: – An Interactive Program on How to Select the Ideal Antiretroviral Therapy for Each Patient

Jointly provided by the Annenberg Center for Health Sciences at Eisenhower and ViralEd, Inc. in collaboration with Postgraduate Institute for Medicine This activity is supported by an independent educational grant from Janssen Therapeutics, Division of Janssen Products, LP

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Welcome and Introduction

Faculty: Wilbert Jordan, MD

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Program Objectives

Upon completion of the program, participants should be better able to:

- Explain the importance of individualizing ARV therapy
- Individualize ARV therapy to improve treatment outcomes
- Employ the skills needed to gather knowledge regarding the patient and establish a trusting relationship that furthers the exchange of information between clinician and patient needed to accomplish individualization of care

What to Start

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Which Antiretrovirals: 2015 Currently Available

NRTIs

- Abacavir
- Didanosine
- Emtricitabine
- Lamivudine
- Stavudine
- Tenofovir
- Zidovudine

NNRTIs

- Delavirdine
- Efavirenz
- Etravirine
- Nevirapine (XR)
- Rilpivirine

Pls

- Atazanavir**
- Darunavir**
- Fos-Amprenavir
- Indinavir
- Lopinavir
- Nelfinavir
- Ritonavir
- Saquinavir
- Tipranavir

Cobicistat

PK Booster

Fusion Inhibitors

Enfuvirtide

Entry Inhibitors

Maraviroc

Integrase Inhibitors

- Raltegravir
- Elvitegravir*
- Dolutegravir

U.S. DHHS Guidelines January 2013: Four Preferred Regimens

NNRTI Efavirenz¹/emtricitabine²/tenofovir DF³

Atazanavir⁴ + ritonavir + emtricitabine²/tenofovir DF³ Darunavir + ritonavir (qd) + emtricitabine²/tenofovir DF³

INSTI Raltegravir + emtricitabine²/tenofovir DF³

INSTI: Integrase strand transfer inhibitors.

ΡΙ

- 1. Efavirenz should not be used during the first trimester of pregnancy or in women trying to conceive or not using effective and consistent contraception.
- 2. Lamivudine may substitute for emtricitabine or visa versa.
- 3. Tenofovir DF should be used with caution in patients with renal insufficiency.
- 4. Atazanavir + RTV should not be used in patients who require >20 mg omeprazole equivalent/day.
- 5. Patients with creatinine clearance >70 mL/min.
- 6. Patients who are HLA-B*5701 negative.

DHHS. Available at: http://www.aidsinfo.nih.gov/ContentFiles/AdultandAdolescentGL.pdf. Revision February 12, 2013. DHHS. Available at: http://aidsinfo.nih.gov/contentfiles/AdultARV_INSTIRecommendations.pdf. Update October 30,2013.

DHHS Guidelines 10/2013 to 4/2014: What to Start: Seven Preferred Regimens

Preferred Regimens: Regimens with optimal and durable efficacy, favorable tolerability and toxicity profile, and ease of use

NNRTI	EFV/TDF/FTC
Boosted PI	ATV/r + TDF/FTC DRV/r (once daily) + TDF/FTC
Integrase Inhibitor	RAL + TDF/FTC EVG/cob/TDF/FTC DTG + TDF/FTC DTG + ABC/3TC

DHHS Guidelines May 2014: Ten Recommended Regimens

NNRTI	Efavirenz/emtricitabine/tenofovir DF
	Atazanavir + ritonavir + emtricitabine/tenofovir DF
PI	Darunavir + ritonavir (QD) + emtricitabine/tenofovir DF
INSTI	Raltegravir + emtricitabine/tenofovir DF Elvitegravir/cobicistat/emtricitabine/tenofovir DF Dolutegravir + abacavir/lamivudine Dolutegravir + emtricitabine/tenofovir DF
Additional options if the VL <5 log:	Efavirenz + abacavir/lamivudine Atazanavir + ritonavir + abacavir/lamivudine Rilpivirine/tenofovir DF/emtricitabine (if CD4 count >200/mm ³)

IAS-USA 2014 Guidelines Concur on All Ten Recommended Regimens

 $\mathbf{IN}\mathbf{D}\mathbf{I}$

PI	Darunavir/ritonavir (DRV/r) + TDF/FTC				
	Dolutegravir/abacavir/lamivudine (DTG/ABC/3TC) only for patients who are HLA-B*5701 negative				
INICTI	DTG + tenofovir disoproxil fumarate/emtricitabine (TDF/FTC)				

Elvitegravir/cobicistat/TDF/FTC (EVG/c/TDF/FTC)

 On the basis of individual patient characteristics and needs, an Alternative regimen or; less frequently, an Other regimen; may in some instances be the optimal regimen for a patient.

only for patients with pre-ART CrCl >70 mL/min

 Given the large number of excellent options for initial therapy, selection of a regimen for a particular patient should be guided by factors such as virologic efficacy, toxicity, pill burden, dosing frequency, drug-drug interaction potential, resistance testing results, comorbid conditions, and cost.

Raltegravir (RAL) + TDF/FTC

Patient Characteristics:

- Pre-treatment virus resistance
- Risk of adverse events
 - Rate and type of adverse events
 - Type of evidence demonstrating the adverse event
- Other medical comorbidities
 - CV, diabetes, renal, bone, psychological, and others
- Financial Concerns
 - Patient copays, formulary restrictions, generics

Other Criteria You Use?

Criteria that ARE NOT Considered When Selecting a Regimen

- Age
 - Beyond specific co-morbidity concerns
- Gender
- Race
- Weight/BMI

Case: Mr. CQM

- Mr. M comes in to start treatment
- He is a 24 yo BM
- His last HIV negative test was two years ago, tested positive six months ago
- Medical history
 - Father had an MI at age 64-years-old
 - The patient used to smoke
 - Has been treated for STI's twice
 - CD4 488
 - HIV PCR 77,000
 - HLA B*5701 neg
 - HIV genotype wildtype

Drug Characteristics:

- BID vs. QD
 - Raltegravir only recommended drug that is taken BID
 - Most patients prefer qd over bid , and one pill over multiple

ACTG A5257 Study: Wk 96 Virologic Outcomes

ITT, Regardless of ART Change

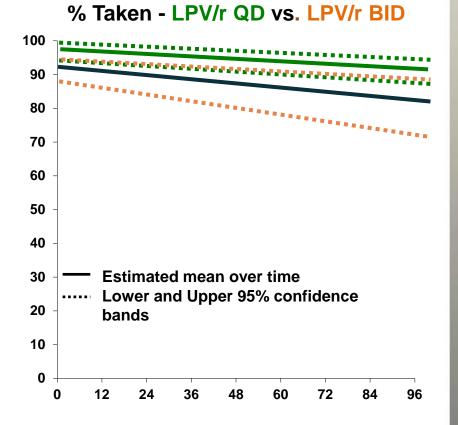
	RAL (n=603)	DRV/r (n=601)	ATV/r (n=605)
HIV RNA <50 copies/mL (%) CD4 gain (cells/mm ³)	94 288	89 256	88 284
Any resistance(%)	3	<1	1.5

All patients received emtricitabine/tenofovir DF.

Landovitz RJ, et al. 21st CROI. Boston, 2014. Abstract 85.

Abbott 418 - Adherence by MEMS Caps: Once-daily vs. Twice-daily with the Same HAART

- QD vs BID LPV/r + TDF / FTC
- Weeks 84-96:
 - % taken
 - 93% vs. 81%, p=0.013
- Days with correct dosing:
 - 85% vs. 65%, p<0.001</p>
 - % taken on time:
 - 76% vs. 51%, p<0.001</p>



DHHS Guidelines April 2015: Five Recommended Regimens

PI Darunavir/ritonavir (DRV/r) + TDF/FTC

INSTI Dolutegravir/abacavir/lamivudine (DTG/ABC/3TC) only for patients who are HLA-B*5701 negative DTG + tenofovir disoproxil fumarate/emtricitabine (TDF/FTC) Elvitegravir/cobicistat/TDF/FTC (EVG/c/TDF/FTC) only for patients with pre-ART CrCl >70 mL/min Raltegravir (RAL) + TDF/FTC

- The Importance of Individualizing HIV Care: An Interactive Program on How to Select the Ideal Antiretroviral Therapy for Each Patient

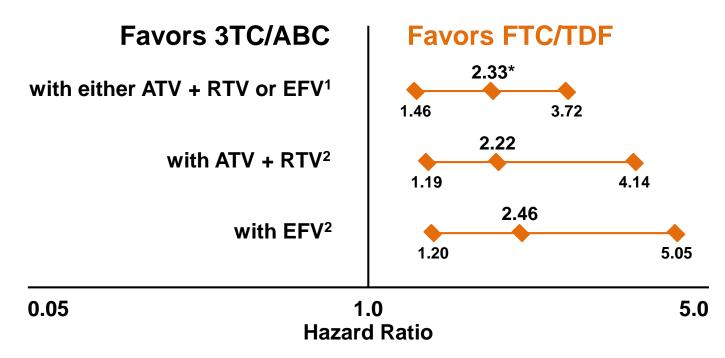
We Can Expand This

- 1. Atripla
- 3 Complera (Odefsey)
- 5. Dolutegrivir + Truvada (taf)
- 7. Prezcobix + Truvada (taf)

- 2. Darunavir/rtv + Truvada (taf)
- 4. Stribild (Genvoya)
- 6. Triumeq

Jointly provided by the Annenberg Center for Health Sciences at Eisenhower and ViralEd, Inc. in collaboration with Postgraduate Institute for Medicine This activity is supported by an independent educational grant from Janssen Therapeutics, Division of Janssen Products, LP A5202: Time to Virologic Failure by Baseline Viral Load ≥100,000 copies/mL (Week 192)

Hazard Ratio (95% CI) for 3TC/ABC vs FTC/TDF



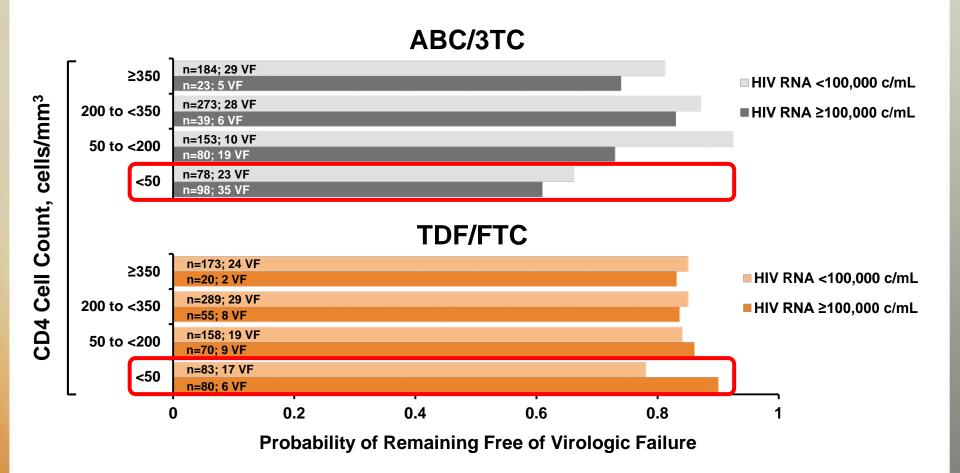
N=797; median (25th, 75th) follow-up = 60 weeks (28, 84).

DSMB discontinues the <u>high viral load</u> 3TC/ABC arm due to higher virologic failure with 3TC/ABC versus FTC/TDF *in HIV RNA* ≥100,000 copies *mL*

*Log rank test P <.001 CI, confidence interval.

1 Sax PE, et al. N Engl J Med. 2009;361:2230-2240. 2 Daar ES, et al. CROI 2010. San Francisco, CA. Oral 59LB.

A5202: Time to Virologic Failure by Baseline Viral Load and CD4 Cell Count (Week 192)



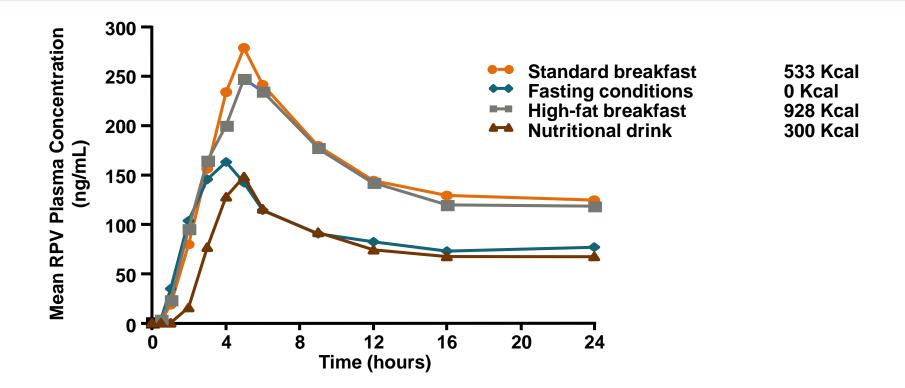
Baseline Lower CD4 Cell Count or Higher Viral Load Associated with Increased Risk of Virologic Failure with ABC/3TC

Grant P, et al. CROI 2011. Boston, MA. #535.

Food Requirements:

- Food required: on label for DRV/r, EVG/cob
- No concern re food: DTG, RAL

Effect of Food Type on the Mean Rilpivirine Pharmacokinetic Profile



Taking RPV with food increases RPV exposure by 40% compared to fasting

- Similar after a high-fat or standard breakfast.
- But less food effect on RPV exposure for the RPV/FTC/TDF STR vs. RPV single agent:
 - Diff of Fasting vs. fed comparison: \downarrow 16% with STR vs. \downarrow 43% as RPV alone

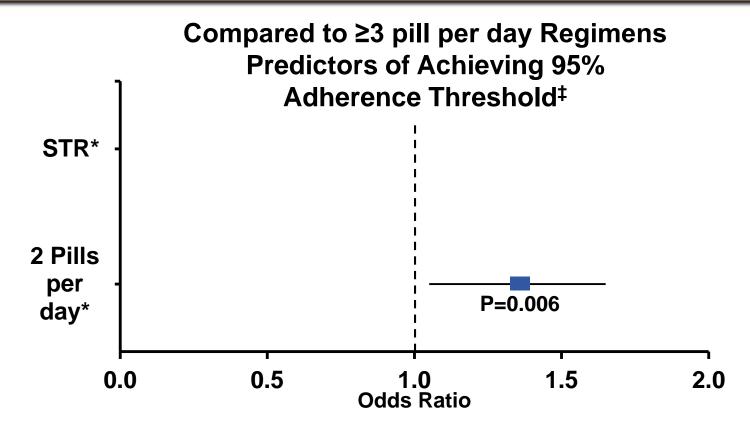
FDA Label: Recommended Dose: One tablet taken once daily with food

Crauwels HM, et al. IWCPHIV 2008. Abstract P32; Ramanathan S, et al. HIV-11 2012; Glasgow, UK. P068

Drug Characteristics:

- BID vs. QD (or less?)
- Efficacy at any pre-treatment viral load and CD4 count
- Food requirements
- Number of pills per day (range 1-3)
- Potential drug-drug interactions
- Years of experience
- Barrier to resistance if viremic

US LifeLink Database: Predictors of Achieving ≥95% Adherence and Hospitalizations



Being on the STR:

 Associated with 24% lower risk of hospitalization (p=0.003) due to improved adherence vs. other regimens

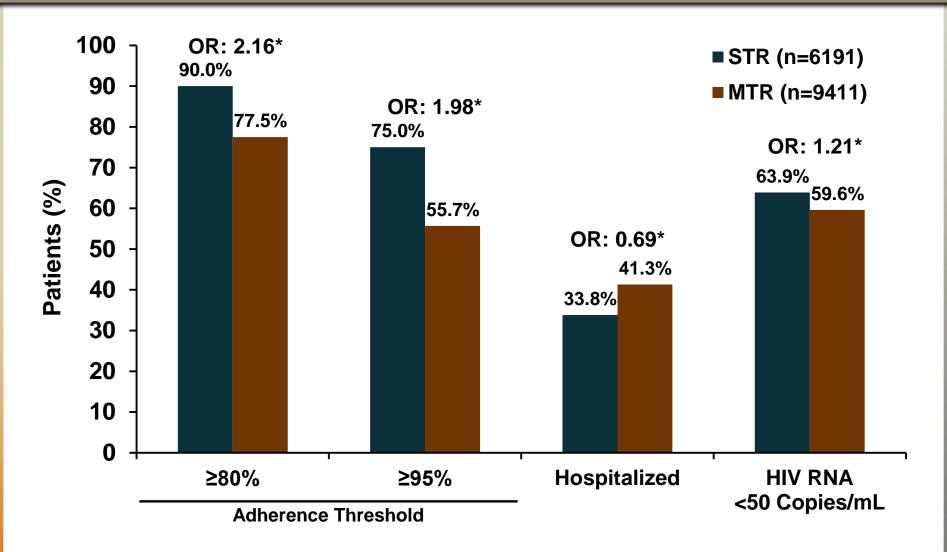
Retrospective chart analysis; N=7,073 HIV+ pts; 6/2006 - 12/2008

* vs. 3 or more pills per day regimen

‡ Multivariate Logistic Regression

Sax P, et al. HIV10 2010. Glasgow. Oral #113

ART in the VA Healthcare System: Impact on Adherence and Outcomes



STR: single-tablet regimen; MTR: multiple-tablet regimen. *P<0.001. Odds ratios are adjusted for all baseline characteristics.

Drug Characteristics:

- BID vs. QD (or less?)
- Efficacy at any pre-treatment viral load and CD4 count
- Food requirements
- Number of pills per day (range 1-3)
- Potential drug-drug interactions
- Years of experience
- Barrier to resistance if viremic

- Potential drug-drug interactions
 - Fewest: RAL, DTG though there are a few
 - DRV, EVG: inducer of CYP3A4
 - RTV, Cobi: inhibitors of CYP3A4 and other isoenzymes
 - Important role of the pharmacy /pharmacist

Indications and Usage

- DESCOVY[®] is a two-drug combination of emtricitabine (FTC) and tenofovir alafenamide (TAF)^a, both HIV nucleoside analog reverse transcriptase inhibitors (NRTIs)
- DESCOVY is indicated, in combination with other antiretroviral agents, for the treatment of HIV-1 infection in adults and adolescent patients 12 years of age and older

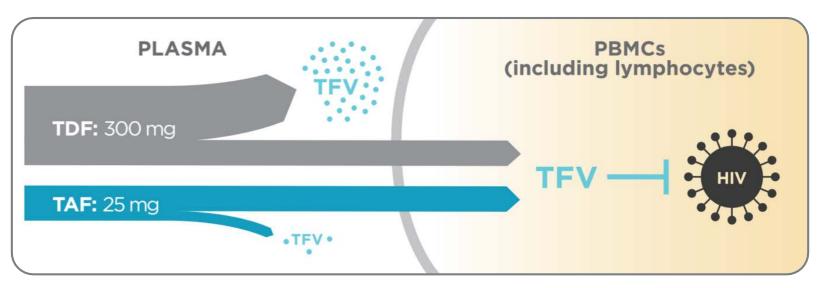
Limitations of Use

 DESCOVY is not indicated for use as pre-exposure prophylaxis (PrEP) to reduce the risk of sexually acquired HIV-1 in adults at high risk

a. Single-agent TAF has not been approved by the U.S. Food and Drug Administration and its safety and efficacy have not been established.

DESCOVY Prescribing Information. Gilead Sciences, Inc. 2016.

The TAF Component of DESCOVY is Expected to Result in Lower Concentrations of TFV in



- TAF: A novel prodrug of TFV that is metabolized to TFV by cathepsin A in PBMCs and macrophages¹
- In 2 trials of treatment-naive adults with HIV-1 infection, a 10 mg oral dose of TAF in FTC/TAF + EVG/COBI resulted in >90% lower concentrations of TFV in plasma as compared to a 300 mg oral dose of TDF in FTC/TDF + EVG/COBI (both coadministered as an STR)^{2,3}
 - In a pharmacokinetic study, the unboosted 25 mg of TAF in DESCOVY was demonstrated to be bioequivalent to the COBI-boosted 10 mg of TAF in FTC/TAF + EVG/COBI⁴
 - The concentration of TFV in plasma may differ if DESCOVY is paired with a boosted protease inhibitor⁵

COBI, cobicistat; EVG, elvitegravir; PBMC, peripheral blood mononuclear cells; STR, single tablet regimen; TFV, tenofovir
DESCOVY Prescribing Information. Gilead Sciences, Inc. 2016. 2. GENVOYA Prescribing Information. Gilead Sciences Inc. 2016.
Sax P, et al. *Lancet*. 2015;385(9987):2606-15 4. Zack J, et al. *J Bioequiv*. 2016;8;49-54. 5. Data on File. Gilead Sciences, Inc.

Concomitant Use of HIV Drugs and HCV Drugs for Treatment of HCV in HIV-Infected Adults

	HCV Drugs						
HIV Drugs	SOF	LDV/SOF	3D	SMV	RBV	PegIFN	
3TC	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	
ABC	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	
FTC	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	
TDF	\checkmark	 ✓ (monitor for TDF toxicity) 	\checkmark	\checkmark	\checkmark	\checkmark	
ZDV	\checkmark	\checkmark	\checkmark	\checkmark	X1	X1	
ATV (unboosted)	\checkmark	\checkmark	√2	Х	\checkmark	\checkmark	
ATV/r or ATV/c	\checkmark	√3	$\sqrt{4}$	Х	\checkmark	\checkmark	
DRV/r or DRV/c	\checkmark	√3	Х	Х	\checkmark	\checkmark	
FPV or FPV/r	\checkmark	√3	Х	Х	\checkmark	\checkmark	
LPV/r	\checkmark	√3	Х	Х	\checkmark	\checkmark	

 $\sqrt{=}$ ARV agents that can be used concomitantly; X = ARV agents not recommended. 3D = Ombitasvir/paritaprevir/ritonavir + dasabuvir. 1. Concomitant use of ZDV with ribavirin or pegylated interferon is not recommended given the potential for worsening neutropenia. 2. Reduce ATV dose to 300 mg and take in AM at same time as ombitasvir/paritaprevir/r plus dasabuvir. 3. If Pl/r or ATV/c, DRV/c is used with TDF, \uparrow TDF concentrations are expected. If co-administration necessary, monitor for TDF-associated toxicities. Consider alternative HCV or ARV therapy to avoid increases in TDF exposures. If co-administration is necessary, monitor for TDF-associated adverse reactions. 4. Take ATV 300 mg in AM at same time as ombitasvir/paritaprevir/r plus dasabuvir; discontinue RTV or COBI in HIV regimen until HCV therapy completed.

aidsinfo.nih.gov/guidelines/html/1/adult-and-adolescent-arv-guidelines/26/hiv-hcv

Concomitant Use of HIV Drugs and HCV Drugs for Treatment of HCV in HIV-Infected Adults (Cont'd)

	HCV Drugs					
HIV Drugs	SOF	LDV/SOF	3D	SMV	RBV	PegIFN
SQV/r	\checkmark	√3	Х	Х	\checkmark	\checkmark
TPV/r	Х	Х	Х	Х	\checkmark	\checkmark
EFV	\checkmark	√5	Х	Х	\checkmark	\checkmark
ETR	\checkmark	\checkmark	Х	Х	\checkmark	\checkmark
NVP	\checkmark	\checkmark	Х	Х	\checkmark	\checkmark
RVP	\checkmark	\checkmark	Х	\checkmark	\checkmark	\checkmark
DTG	\checkmark	\checkmark	?	\checkmark	\checkmark	\checkmark
EVG/c/TDF/FTC	\checkmark	Х	Х	Х	\checkmark	\checkmark
EVG (+ PI/r without COBI)	Refer to recommendations specific to each PI/r					
RAL	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
MVC	\checkmark	\checkmark	Х	\checkmark	\checkmark	\checkmark

 $\sqrt{=}$ ARV agents that can be used concomitantly; X = ARV agents not recommended; ? = Data on PK interactions with the ARV drug are unavailable or insufficient to make a recommendation. 3D = Ombitasvir/paritaprevir/ritonavir + dasabuvir. 3. If PI/r [or ATV/c, DRV/c] is used with TDF, \uparrow TDF concentrations are expected. If co-administration necessary, monitor for TDF-associated toxicities. Consider alternative HCV or ARV therapy to avoid increases in TDF exposures. If co-administration is necessary, monitor for TDF-associated adverse reactions. 5. If EFV used with TDF/FTC, monitor for TDF toxicity due to \uparrow TDF concentrations

http://aidsinfo.nih.gov/guidelines/html/1/adult-and-adolescent-arv-guidelines/26/hiv-hcv

Drug Characteristics:

- BID vs. QD (or less?)
- Efficacy at any pre-treatment viral load and CD4 count
- Food requirements
- Number of pills per day (range 1-3)
- Potential drug-drug interactions
- Years of experience
- Barrier to resistance if viremic

Drug Characteristics:

- Barrier to resistance if viremic on treatment
 - Boosted PIs and DTG: No primary mutations to drug detected, none (very low rate) of NRTI resistance
 - RAL, EVG/c: NRTI mutation then InSTI resistance, at similar rates in clinical trials

Patient Characteristics:

- Pre-treatment virus resistance
- Risk of adverse events
 - The rate of and type of adverse events
 - Type of evidence demonstrating the adverse event
- Other medical comorbidities
 - CV, diabetes, renal, bone, psychological, and others
- Financial Concerns
 - Patient copays, formulary restrictions, generics

Patient Characteristics:

Pre-treatment resistance testing

- Most common NNRTIs (K103N) (but this is no longer critical since EFV and RPV are no longer part of recommended regimens)
- Lower NRTIs (usually TAMs)
- Few Pls
 - Unclear impact if any on boosted PI efficacy
- Rare Integrase

Drug Resistance Mutations in Treatment-Naïve HIV Patients (2000-2013)

Patients (%)

INST

- Retrospective Analysis
 - Analysis of pre-treatment samples from four phase 3 studies
 - IN sequences (n=1617)
 - PR-RT sequences (n=2531)
- Enrollment Years
 - 2000 (study 903),
 - 2003 (study 934),
 - 2013 (studies 104 and 111)

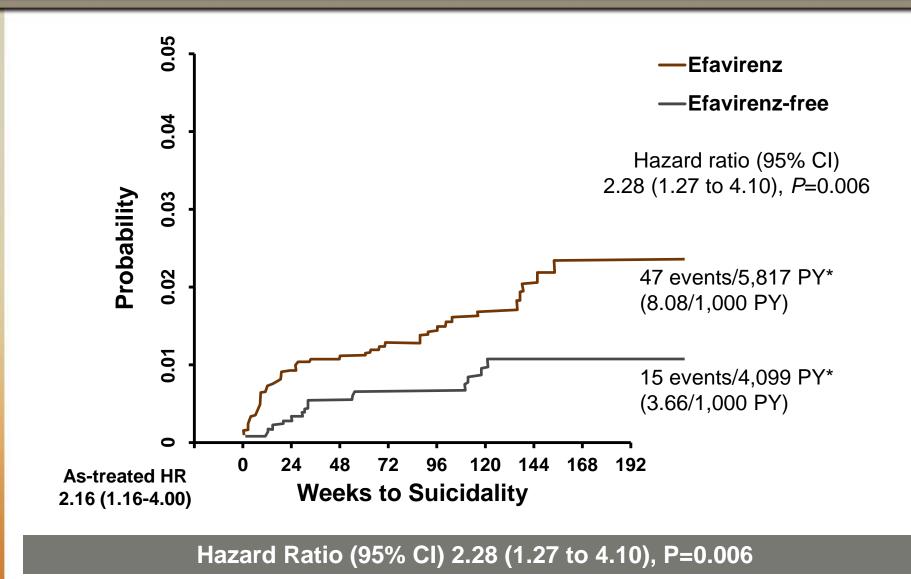
Resistance-Associated **Mutations at Baseline** 10 8.7% 9 2000 8 2003 2013 7 6 5 4.2% 4 3.2% 2.9% 3 2.6% 2.4% 2 1.4% 1.2% 1.0% 1 0.5% 0% 0

NNRT

ΡΙ

NRTI

Time to Suicidality, Primary Analysis



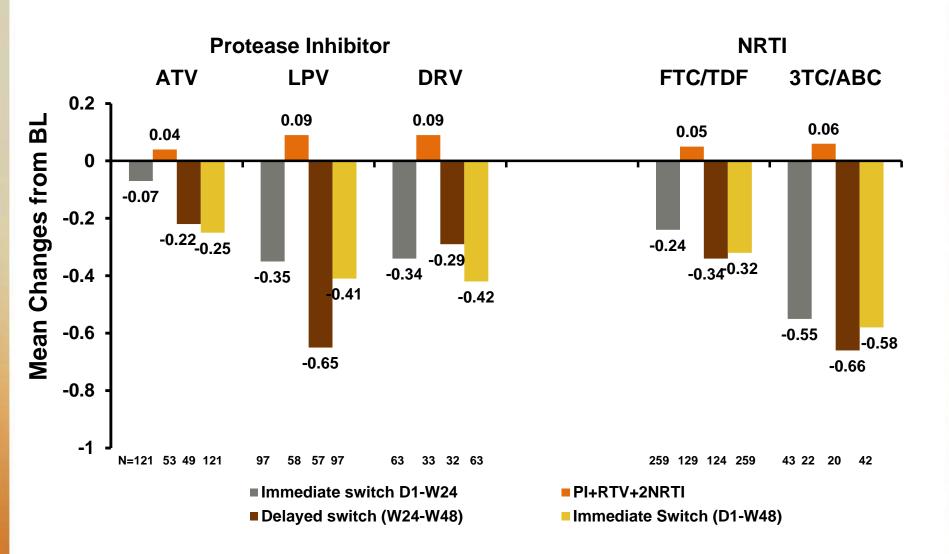
*Person Years, sum of at-risk follow-up

How Do We Choose from Among These Options?

Patient Characteristics:

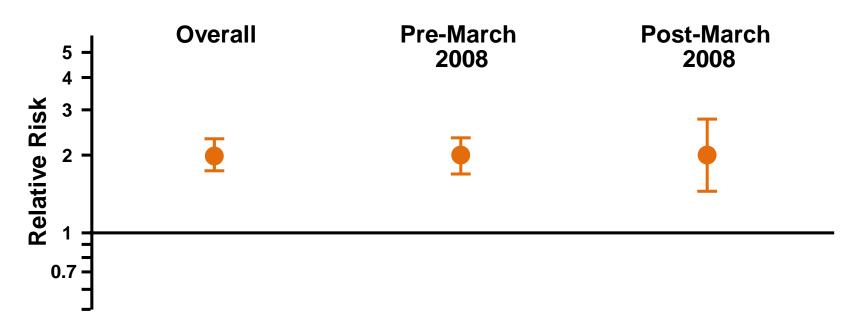
- Pre-treatment resistance testing
- Risk of Adverse Events
 - Lab and Test Based:
 - Lipids
 - CV Risk
 - Bone Demineralization
 - Renal function
 - Inflammatory Markers

SPIRIT Change in TC:HDL Ratio by Baseline Protease Inhibitor and NRTI



ABC and Risk of MI: D:A:D

- Analysis of MI risk with ABC pre and post 3/08 in D:A:D cohort
- Trend of less ABC use in high risk individuals post 3/08
- MI rates
 - Current/Recent ABC 0.47 (0.42-0.52)/1000 pt yrs of FU
 - No ABC 0.21 (0.19-0.22)/1000 pt yrs of FU
- Overall RR with ABC 1.98 (1.72-2.29): Pre 3/08 1.97, Post 3/08 1.97

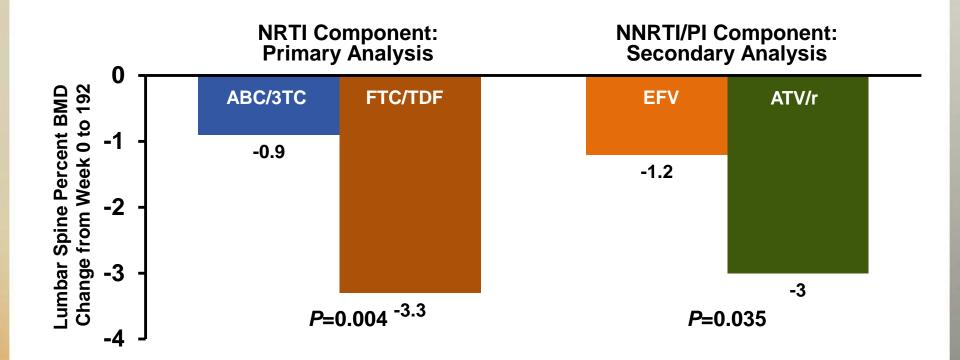


ABC Association with MI: FDA Meta-analysis

FDA Completed Trial-level Meta-analysis of 26 Completed RCTs of ABC in Adults, with N >50 Subjects

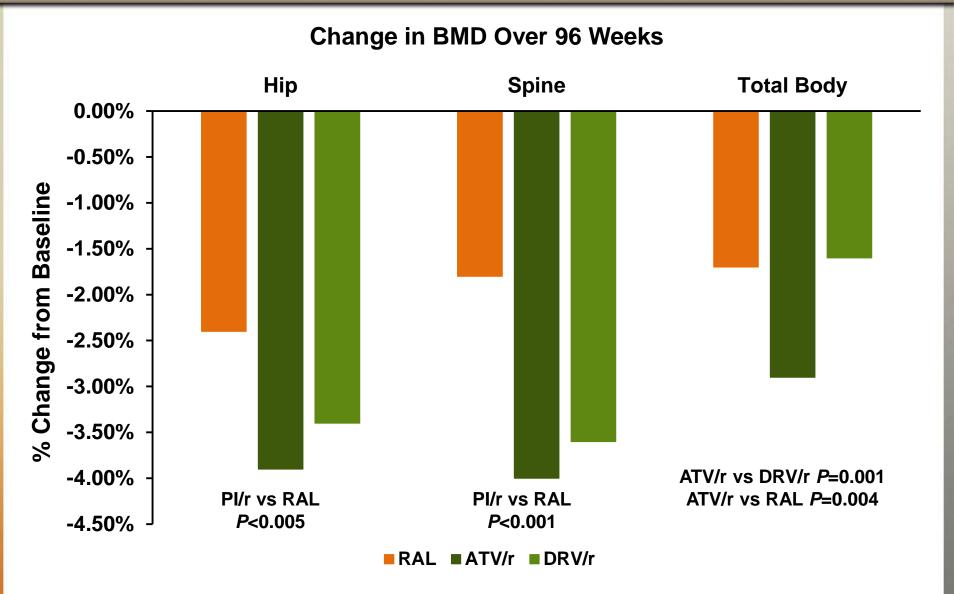
	Events/Subjects		Risk Difference	Odds Ratio
Studies	ABC	Non-ABC	(95% CI)	(95% CI)
GSK	6/2341	9/2367	-0.11% (-0.43%, 0.21%)	0.70 (0.25, 2.00)
NIH	12/1985	9/1610	0.03% (-0.45%, 0.51%)	1.08 (0.43, 2.61)
Academic	6/702	4/863	0.31% (-0.53%, 1.16%)	1.60 (0.46, 5.62)
Overall	24/5028	22/4840	0.008% (-0.26%, 0.27%)	1.02 (0.56, 1.84)

A5224s: Mean Percent Change in Lumbar Spine Bone Mineral Density

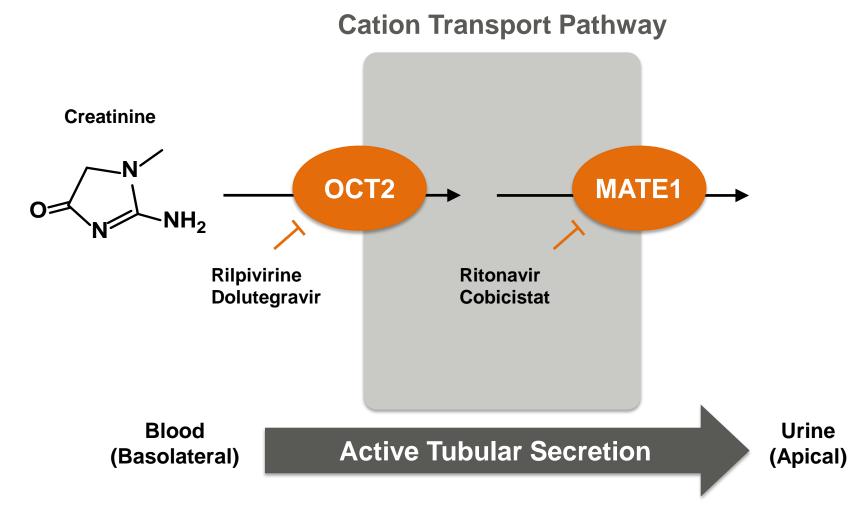


- Hip BMD: Significantly greater percent decline with FTC/TDF than ABC/3TC; not significant for NNRTI/PI
- No significant difference in fracture rate between arms

ACTG 5257: Bone Mineral Density at 96 Weeks

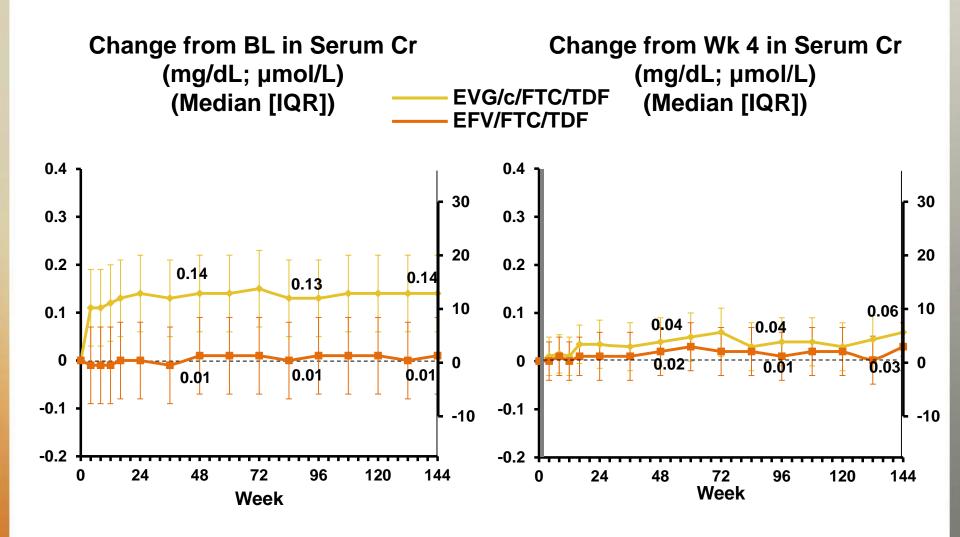


Effects on Creatinine Tubular Transporter: Inhibiting Creatinine Secretion



OCT2 = organic cation transporter 2 MATE1 = multidrug and toxin extrusion transporter 1

Benson, P, et al. 52nd ICAAC 2012.



How Do We Choose from Among These Five Options?

Patient Characteristics:

- Pre-treatment virus resistance
- Risk of adverse events
 - The rate and type of adverse events
 - Type of evidence demonstrating the adverse event
- Other medical comorbidities
 - CV, diabetes, renal, bone, psychological, and others
- Financial concerns
 - Patient copays, formulary restrictions, generics

Economics: Antiretroviral Drugs Available in U.S. as a Generic Formulation

- Abacavir
- Didanosine
- Lamivudine
- Nevirapine
- Stavudine
- Zidovudine
- Zidovudine/lamivudine

Case: Mr. CQM

- Mr. M comes in to start treatment
- He is a 24 yo
- His last HIV negative test was two years ago, tested positive six months ago
- Your choice?
- What if :
- 1) He tested HLA +
- 2) Had a PCR > 200,000
- 3) Impressed you as being not to adherent
- 4) CD4 > 200, PCR 88,000
- 5) Was starting Hep C therapy
- 6 Was starting Hep C therapy and his CD4 44

How Do We Choose from Among These Five Options?

Summary

- Very little difference in virologic efficacy in pre-defined populations
- Fewer pills, once daily have advantages
 - Some studies show advantage of tolerability over these
- Know your patients make the choice together
 - Lifestyle
 - What will they tolerate
 - Co-morbidities
 - Drug-drug interaction
 - Does cost effect their options
 - Issues with stigma
- Early follow-up to assess if the choice was right

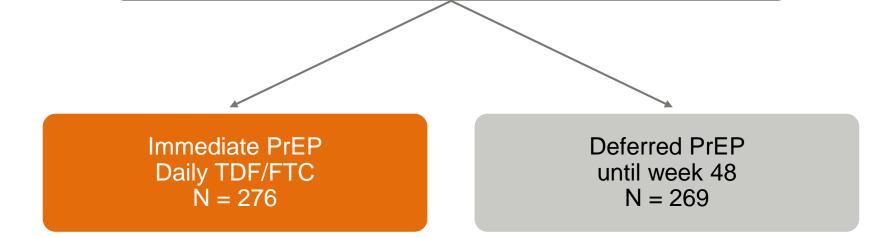


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PROUD: Open-Label PrEP Trial



- Willing to take a pill a day
- No contraindication to use of TDF/FTC



- Follow-up at 3 month intervals
- Post-exposure prophylaxis provided

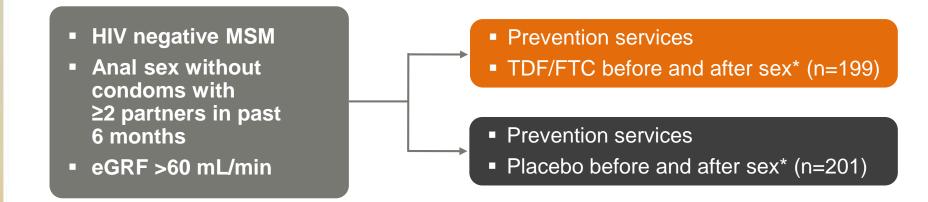
PROUD: HIV Incidence

Group	No. of Infections	Follow-Up (PY)	Incidence (Per 100 PY)	90% CI
Overall	22	453	4.9	3.4 - 6.8
Immediate	3	239	1.3	0.4 - 3.0
Deferred	19	214	8.9	6.0 - 12.7

- Efficacy = 86% (90% CI: 58 96%)
- **P value** = 0.0002
- **Rate Difference** = 7.6 (90% CI: 4.1 11.2)
- Number Needed to Treat = **13** (90% CI: 9 25)

Ipergay: "On-Demand" PrEP Study Design

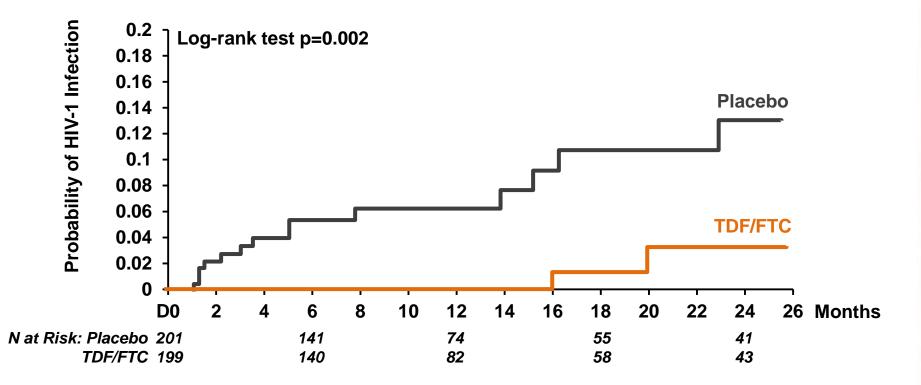
 Double blind, randomized placebo controlled trial to prevent HIV infection in France and Canada



- Follow-up visits: month 1, 2, and every 2 months thereafter
- Endpoint driven study with 64 infections there is 80% power to detect 50% reduction in infection rate in active arm
- Expected incidence 3/100 PY with placebo

* Two tablets 2-24 hours before sex; 1 tablet 24 hours later; 1 table 48 hours later

Ipergay: Time to HIV Infection



- Infections: Placebo: 14 (incidence: 6.6 per 100 PY) TDF/FTC: 2 (incidence: 0.94 per 100 PY)
- Relative Reduction: 86% (95% CI: 40–99%, p=0.002)
- Number needed to treat for one year to prevent one infection: 18

Partners Demo: PrEP & ART for Discordant Couples

Population

- Heterosexual discordant couples not using ART or PrEP in Kenya & Uganda
- At high risk for HIV transmission based on risk scoring tool

Intervention

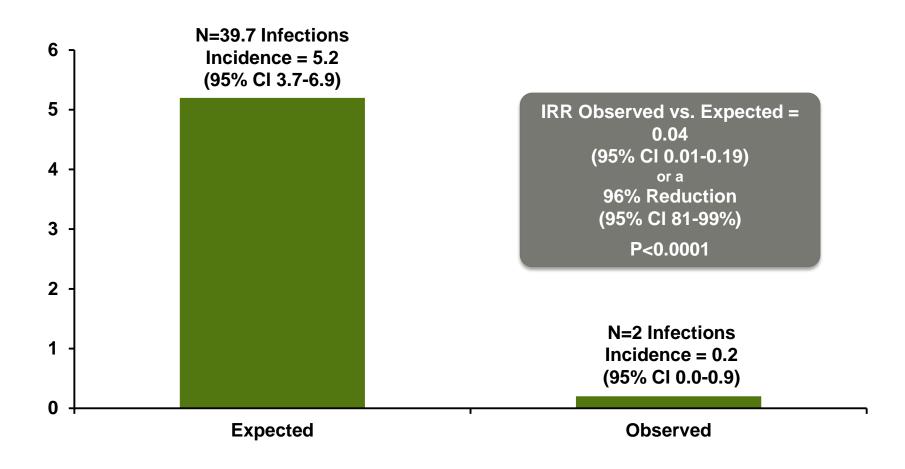
- ART per national guidelines treat all seropositive partners in discordant relationship
- PrEP open label TDF/FTC until positive partner on therapy for 6 months as a 'bridge' to ART

Comparison

 Counterfactual simulation model, using bootstrapping data from Partner's PrEP Study with matching risk scores and follow-up

Partners Demo: HIV Incidence

- 858 person years of follow-up
- 95% uptake of PrEP and 80% on ART



What is PrEP?

1. Truvada once daily

2. Note: taf (tenofovir alafenamide or Descovy is NOT PrEP)

What else to Consider?

- 1. Test for HIV ab beforehand
- 2. Test for Hep B
- 3. If being treated for Hep B you may need to amend treatment...contact the other treating physician
- 4. Draw creatinine or CrCl > 60
- 5. Give 3 months supply at most
- 6. Re-evaluate in 3 months

Who Needs Prep?

- 1. MSM's
- 2. MtF Transgenders
- 3. Sex workers
- 4. Female partners of MSM's

Physician comfort

1. Patient does not need to disclose their sexuality...if they ask for it...explain what it is...if they still want it...prescribe it !!

2. Who covers:

- a, Most private insurances
- b. Public health offices in different locals
- c. Medicaid
- d. Medicare ??

Questions